

# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

Ranking

## # GERAL MASCULINO - SPRINT

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	ISMAEL OLIVEIRA DE JESUS ROZENO .	545	M	20	01:06:05.09	2	00:09:35.79	01:16 /HM	00:01:29.74	3	00:34:26.17	34,85 km/h	00:01:11.20	1	00:19:22.19	03:52 /km
2	CESAR BRIOSCHI LOPES .	547	M	19	01:06:54.68	4	00:09:57.00	01:19 /HM	00:01:28.44	2	00:34:23.56	34,89 km/h	00:01:19.65	2	00:19:46.03	03:57 /km
3	NATÁ CHRIST RIGGIO .	542	M	21	01:08:05.95	1	00:09:02.33	01:12 /HM	00:01:26.99	5	00:35:03.05	34,24 km/h	00:01:24.25	4	00:21:09.33	04:13 /km
4	DANIEL GUIMARAES GODINHO .	540	M	22	01:08:40.57	5	00:10:03.48	01:20 /HM	00:01:26.08	1	00:34:20.59	34,94 km/h	00:01:28.38	5	00:21:22.04	04:16 /km
5	BRUNO BRAND FERNANDES .	448	M	42	01:13:02.78	8	00:11:05.82	01:28 /HM	00:01:53.89	6	00:35:51.86	33,46 km/h	00:01:42.72	8	00:22:28.49	04:29 /km

## # GERAL FEMININO - SPRINT

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	ANDRESSA DOS REIS MIANA .	387	F	24	01:29:20.97	3	00:12:35.67	01:40 /HM	00:01:59.93	2	00:45:29.16	26,38 km/h	00:01:53.30	1	00:27:22.91	05:28 /km
2	MARIA GEIZA DE SOUSA .	340	F	54	01:29:37.49	1	00:11:48.90	01:34 /HM	00:03:01.23	1	00:44:00.69	27,27 km/h	00:02:04.91	11	00:28:41.76	05:44 /km
3	GIOVANNA DUARTE MACHADO .	381	F	27	01:33:26.01	2	00:11:52.73	01:34 /HM	00:02:24.64	5	00:46:46.48	25,65 km/h	00:02:07.70	17	00:30:14.46	06:03 /km
4	CLARA GONCALVES RUSCHI .	389	F	22	01:34:07.36	4	00:13:22.50	01:46 /HM	00:02:25.00							
5	IZABELLA BORGES .	445	F	42	01:35:09.34	6	00:13:46.93	01:50 /HM	00:02:38.58	3	00:45:30.55	26,37 km/h	00:02:22.70	22	00:30:50.58	06:10 /km

## PARATLETA MASCULINO

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	MARCOS VINICIUS BARCELLOS DA SILVA .	549	M	14	01:28:56.10	2	00:13:49.68	01:50 /HM	00:04:07.58	3	00:49:01.85	24,47 km/h	00:02:09.14	1	00:19:47.85	03:57 /km
2	HELBERT FERREIRA DE ARAUJO .	429	M	38	01:38:38.25	3	00:16:07.56	02:09 /HM	00:05:03.35	1	00:43:35.60	27,53 km/h	00:02:22.19	2	00:31:29.55	06:18 /km
3	PEDRO BARCELOS JUNIOR .	550	M	14	02:59:18.45	1	00:13:07.19	01:45 /HM	00:07:40.17	2	00:46:06.51	26,03 km/h	00:07:37.24	3	01:44:47.34	20:57 /km

## PARATLETA FEMININO

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk
No Results															



# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

### M25-29 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	ARTHUR CARLETTO .	525	M	29	01:19:35.18	3	00:13:16.01	01:46 /HM	00:02:01.35	1	00:39:01.85	30,74 km/h	00:01:34.40	2	00:23:41.57	04:44 /km
2	GUSTAVO BRUM COSTA .	537	M	25	01:23:21.49	6	00:14:54.15	01:59 /HM	00:02:35.21	2	00:40:48.41	29,41 km/h	00:02:15.18	1	00:22:48.54	04:33 /km
3	LUCCA ROSSI FIALHO .	534	M	26	01:25:13.12	2	00:12:37.35	01:40 /HM	00:01:58.82	3	00:40:49.00	29,40 km/h	00:02:09.08	9	00:27:38.87	05:31 /km
4	ISRAEL DE LIMA ANTUNES .	526	M	29	01:28:49.37	9	00:16:20.09	02:10 /HM	00:02:13.24	5	00:42:30.20	28,23 km/h	00:02:19.09	5	00:25:26.75	05:05 /km
5	IDELSON CARLOS PENA JUNIOR .	531	M	27	01:29:27.14	10	00:16:51.41	02:15 /HM	00:01:58.12	7	00:43:04.74	27,86 km/h	00:02:11.67	4	00:25:21.20	05:04 /km

### F25-29 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	GESSANDRA LEONCIO RODRIGUES DE SOUZA .	385	F	25	01:37:06.51	1	00:14:18.83	01:54 /HM	00:02:37.42	1	00:49:39.92	24,16 km/h	00:01:57.96	2	00:28:32.38	05:42 /km
2	SARAH DA SILVA MAMEDE .	384	F	27	01:45:18.86	5	00:21:04.52	02:48 /HM	00:03:00.96	2	00:51:16.93	23,40 km/h	00:02:16.81	1	00:27:39.64	05:31 /km
3	LARA WEINERT DE FREITAS .	383	F	27	01:46:25.48	2	00:16:01.88	02:08 /HM	00:02:30.77	4	00:53:55.33	22,25 km/h	00:02:52.50	4	00:31:05.00	06:13 /km
4	LUYZA LOUREIRO DANTAS .	382	F	27	01:49:15.03	3	00:17:19.53	02:18 /HM	00:04:11.11	3	00:53:39.60	22,36 km/h	00:03:37.89	3	00:30:26.90	06:05 /km
5	LIVIA CASSANI DA SILVA ROCHA .	380	F	28	01:54:22.73	4	00:17:47.34	02:22 /HM	00:04:31.54	5	00:54:13.35	22,13 km/h	00:02:45.50	5	00:35:05.00	07:01 /km

### M30-34 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	FREDERICO MEIRELES SOARES .	519	M	30	01:22:11.65	3	00:13:44.82	01:49 /HM	00:02:20.22	1	00:38:19.09	31,32 km/h	00:02:25.00	8	00:25:22.52	05:04 /km
2	RENATO RIVOLI OLIVEIRA .	512	M	31	01:22:34.33	4	00:13:45.55	01:49 /HM	00:01:55.98	6	00:42:08.03	28,48 km/h	00:01:58.51	3	00:22:46.26	04:33 /km
3	VINICIUS MARTINS DE PAULA .	499	M	34	01:23:40.09	10	00:15:13.39	02:01 /HM	00:03:03.26	3	00:40:49.67	29,39 km/h	00:02:16.51	1	00:22:17.26	04:27 /km
4	RODRIGO FERREIRA MONTEIRO .	515	M	31	01:24:37.05	2	00:13:22.32	01:46 /HM	00:02:11.75	10	00:44:29.76	26,97 km/h	00:02:04.92	2	00:22:28.30	04:29 /km
5	VINICIUS VIZA DE OLIVEIRA .	500	M	34	01:25:11.22	8	00:14:54.43	01:59 /HM	00:02:46.42	5	00:41:24.46	28,98 km/h	00:02:17.27	4	00:23:48.64	04:45 /km

### F30-34 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	GEANE SILVA DE OLIVEIRA .	369	F	34	01:41:57.17	1	00:13:43.70	01:49 /HM	00:03:10.29	4	00:51:53.52	23,12 km/h	00:03:11.70	5	00:29:57.96	05:59 /km
2	JAQUELINI LUBER .	376	F	32	01:44:14.54	7	00:20:29.03	02:43 /HM	00:02:51.39	1	00:49:24.99	24,28 km/h	00:03:02.74	3	00:28:26.39	05:41 /km
3	BARBARA CRISTINA PILOTI MENEGON .	377	F	31	01:46:36.81	8	00:21:23.16	02:51 /HM	00:03:00.83	2	00:51:31.85	23,29 km/h	00:02:19.18	2	00:28:21.79	05:40 /km



# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
4	THALITA LYZIS SILVA VIANA MARIANTE .	370	F	34	01:53:24.97	5	00:18:36.96	02:28 /HM	00:03:44.07	6	00:59:35.62	20,14 km/h	00:02:31.41	4	00:28:56.91	05:47 /km							
5	GLENDDA STEIN MATTOS .	375	F	32	01:55:53.47	4	00:17:48.47	02:22 /HM	00:05:11.81	5	00:52:32.77	22,84 km/h	00:03:11.54	7	00:37:08.88	07:25 /km							

### M35-39 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
1	YURI NASCIMENTO NARIYOSHI .	281	M	36	01:17:51.37	1	00:11:54.21	01:35 /HM	00:02:33.71	1	00:38:22.47	31,27 km/h	00:01:35.14	2	00:23:25.84	04:41 /km							
2	CESAR CONTE GUIMARAES FILHO .	477	M	39	01:24:11.27	2	00:13:14.92	01:46 /HM	00:02:06.73	7	00:41:00.60	29,26 km/h	00:01:47.59	4	00:26:01.43	05:12 /km							
3	RAPHAEL COSER .	476	M	39	01:24:31.68	8	00:14:37.73	01:57 /HM	00:02:47.78	6	00:40:51.77	29,37 km/h	00:02:30.63	3	00:23:43.77	04:45 /km							
4	FELIPE AZEVEDO FOGLI .	482	M	38	01:26:52.38	10	00:15:00.13	02:00 /HM	00:02:33.62	11	00:43:38.88	27,49 km/h	00:02:31.08	1	00:23:08.67	04:37 /km							
5	FABIANO FERNANDES .	479	M	39	01:27:27.44	19	00:16:13.57	02:09 /HM	00:02:30.85	3	00:39:32.30	30,35 km/h	00:02:13.05	6	00:26:57.67	05:23 /km							

### F35-39 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
1	MELISSA CALDEIRA BRANT SLIMA .	158	F	38	01:36:33.48	2	00:14:37.85	01:57 /HM	00:03:30.24	3	00:47:22.08	25,33 km/h	00:03:12.05	2	00:27:51.26	05:34 /km							
2	JULIANA COSTA OLIVEIRA .	359	F	39	01:39:00.39	3	00:15:50.79	02:06 /HM	00:03:21.08	1	00:46:21.33	25,89 km/h	00:02:45.93	4	00:30:41.26	06:08 /km							
3	MARISOL DE CASSIA PEREIRA FARIA PEREIRA .	346	F	39	01:41:36.96	5	00:18:05.89	02:24 /HM	00:02:38.96	2	00:47:06.67	25,47 km/h	00:02:08.18	6	00:31:37.26	06:19 /km							
4	MAYARA PAVESI SIEPIERSKI .	366	F	35	01:46:01.07	4	00:17:37.16	02:21 /HM	00:04:15.27	5	00:50:52.40	23,59 km/h	00:02:10.53	5	00:31:05.71	06:13 /km							
5	SAMIRA SOARES SIMAN .	360	F	38	01:50:18.70	6	00:18:45.61	02:30 /HM	00:03:36.82	4	00:50:34.00	23,73 km/h	00:02:50.01	8	00:34:32.26	06:54 /km							

### M40-44 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
1	EDGAR BOAVENTURA JUNIOR .	199	M	41	01:17:42.41	1	00:10:23.45	01:23 /HM	00:03:25.04	1	00:37:42.95	31,82 km/h	00:02:24.08	1	00:23:46.89	04:45 /km							
2	OTAVIO CALIMAN DADALTO .	435	M	44	01:18:46.86	2	00:11:29.62	01:31 /HM	00:01:46.06	2	00:38:10.60	31,43 km/h	00:02:10.64	6	00:25:09.94	05:01 /km							
3	RODRIGO CALEZANI .	432	M	44	01:22:38.02	4	00:13:23.05	01:46 /HM	00:02:16.48	4	00:38:41.25	31,02 km/h	00:01:55.88	9	00:26:21.36	05:16 /km							
4	FABIO V DE GOUVEA .	443	M	43	01:22:49.24	5	00:13:31.73	01:48 /HM	00:01:55.91	5	00:38:49.02	30,91 km/h	00:01:53.71	11	00:26:38.87	05:19 /km							
5	CLAVIO HENRIQUE DE OLIVEIRA NICCHIO .	451	M	42	01:23:13.54	3	00:11:49.62	01:34 /HM	00:02:03.80	7	00:40:24.43	29,70 km/h	00:02:22.14	10	00:26:33.55	05:18 /km							



# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

### F40-44 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	NAIARA IANOAM LIMA .	358	F	42	01:40:01.91	4	00:18:45.08	02:30 /HM	00:02:36.95	1	00:47:43.25	25,15 km/h	00:01:59.22	2	00:28:57.41	05:47 /km
2	ROBERTA BERTOANI FIENI .	527	F	41	01:40:34.27	1	00:15:39.50	02:05 /HM	00:02:32.33	3	00:50:54.06	23,58 km/h	00:01:55.44	3	00:29:32.94	05:54 /km
3	CAROLINNE GOES TAVARES .	356	F	43	01:50:04.88	3	00:17:44.46	02:22 /HM	00:03:42.35	4	00:51:40.18	23,22 km/h	00:03:04.66	4	00:33:53.23	06:46 /km
4	LAILA NEMER .	354	F	44	01:52:19.55	2	00:17:36.32	02:21 /HM	00:04:52.27	5	00:58:25.01	20,54 km/h	00:03:22.04	1	00:28:03.91	05:36 /km
5	ROBERTA CASTRO LAGE .	353	F	44	01:58:09.71	5	00:24:52.62	03:19 /HM	00:04:15.81	2	00:50:09.38	23,93 km/h	00:03:22.29	5	00:35:29.61	07:06 /km

### M45-49 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	CARLOS ALBERTO CORDELLA JUNIOR .	425	M	45	01:18:26.59	2	00:11:43.96	01:33 /HM	00:02:14.28	2	00:37:51.58	31,70 km/h	00:01:51.06	2	00:24:45.71	04:57 /km
2	RODRIGO BELLES .	423	M	47	01:18:36.00	1	00:11:02.62	01:28 /HM	00:02:06.97	1	00:37:47.77	31,75 km/h	00:01:59.48	3	00:25:39.16	05:07 /km
3	LEANDRO SABIDO CARDOSO .	417	M	48	01:25:48.72	7	00:15:47.00	02:06 /HM	00:02:59.04	3	00:39:44.33	30,20 km/h	00:02:50.54	1	00:24:27.81	04:53 /km
4	FABIO RESENDE CAMISASCA .	430	M	45	01:32:11.80	3	00:13:52.87	01:51 /HM	00:03:15.13	5	00:41:25.02	28,97 km/h	00:04:15.64	5	00:29:23.14	05:52 /km
5	RODRIGO LACERDA .	327	M	49	01:34:06.30	6	00:15:14.04	02:01 /HM	00:05:43.47	4	00:41:02.07	29,24 km/h	00:04:19.85	4	00:27:46.87	05:33 /km

### F45-49 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	ANA ELISA DE QUEIROZ CREPALDI .	344	F	49	01:44:01.99	3	00:17:00.26	02:16 /HM	00:03:26.99	1	00:49:47.33	24,10 km/h	00:03:19.76	2	00:30:27.65	06:05 /km
2	BARBARA VALENTIM GOULART .	349	F	45	01:47:40.48	2	00:16:08.45	02:09 /HM	00:03:21.69	2	00:50:34.42	23,73 km/h	00:04:12.38	5	00:33:23.54	06:40 /km
3	MONICA BERMUDEZ MEDINA PRETTI .	136	F	48	01:53:37.43	1	00:15:19.30	02:02 /HM	00:05:41.79	6	01:00:43.31	19,76 km/h	00:03:00.73	1	00:28:52.30	05:46 /km
4	DANIELLI LARANJA .	348	F	46	01:54:40.34	5	00:18:41.59	02:29 /HM	00:03:50.51	5	00:56:47.94	21,13 km/h	00:02:48.41	4	00:32:31.89	06:30 /km
5	IZABELA SANTOS FERREIRA ALVES .	347	F	46	01:56:36.65	4	00:17:06.92	02:16 /HM	00:07:58.03	3	00:54:28.32	22,03 km/h	00:05:09.47	3	00:31:53.91	06:22 /km

### M50-54 Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	ANDRE NEIVA DE LIMA ROCHA .	408	M	52	01:14:00.85	1	00:09:48.99	01:18 /HM	00:01:34.06	1	00:34:28.37	34,81 km/h	00:02:04.37	3	00:26:05.06	05:13 /km

# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
2	THARSON SUSANO GRATIVVOL .	409	M	51	01:26:41.63	2	00:14:15.03	01:54 /HM	00:02:05.16	2	00:42:04.13	28,52 km/h	00:01:51.62	4	00:26:25.69	05:17 /km
3	GEMISON ANDRADE .	403	M	50	01:27:07.83	4	00:14:28.48	01:55 /HM	00:02:15.43	4	00:43:09.27	27,81 km/h	00:02:16.67	1	00:24:57.98	04:59 /km
4	JORGE PIMENTEL RIBEIRO .	411	M	51	01:28:17.91	3	00:14:19.59	01:54 /HM	00:02:26.61	3	00:43:08.64	27,81 km/h	00:02:19.70	2	00:26:03.37	05:12 /km
5	ERIMAR TRINDADE AMBROSIO .	414	M	50	01:40:22.64	5	00:16:06.68	02:09 /HM	00:03:49.10	5	00:46:41.51	25,70 km/h	00:03:14.07	5	00:30:31.28	06:06 /km

## F50-54

### Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	KARLA CHRISTINA DE OLIVEIRA ABAD .	341	F	52	01:49:21.42	3	00:21:13.77	02:49 /HM	00:05:01.95	1	00:50:32.11	23,75 km/h	00:04:41.75	1	00:27:51.84	05:34 /km
2	CRISTINA FRACALOSI BARBIERI .	342	F	52	01:51:48.15	1	00:14:49.77	01:58 /HM	00:04:01.35	2	00:56:57.22	21,07 km/h	00:03:52.86	2	00:32:06.95	06:25 /km
3	ROSANA APARECIDA BRAGA DA SILVA ARAUJO .	343	F	52	02:14:02.38	2	00:19:08.69	02:33 /HM	00:06:41.18	3	01:09:54.87	17,16 km/h				

## M55-59

### Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	EDUARDO SHIGUERO SAKAGUTI .	22	M	56	01:20:52.25	1	00:11:31.13	01:32 /HM	00:02:34.51	1	00:40:13.89	29,83 km/h	00:02:33.77	1	00:23:58.95	04:48 /km
2	SERGIO TASCA .	399	M	57	01:31:12.17	4	00:15:23.81	02:03 /HM	00:03:11.74	2	00:43:57.27	27,30 km/h	00:02:53.69	3	00:25:45.66	05:09 /km
3	ALCEMINIO MARTINS .	400	M	57	01:34:16.42	3	00:15:17.14	02:02 /HM	00:04:00.07	3	00:46:49.80	25,62 km/h	00:03:03.12	2	00:25:06.29	05:01 /km
4	LENILDO LOPES VIEIRA FILHO .	402	M	56	01:43:25.67	2	00:14:16.25	01:54 /HM	00:03:08.29	4	00:48:43.85	24,63 km/h	00:02:42.30	5	00:34:34.98	06:55 /km
5	GLAUCIO GOMES DA SILVA .	398	M	58	01:49:50.79	5	00:20:10.34	02:41 /HM	00:04:24.56	5	00:50:18.39	23,85 km/h	00:03:28.71	4	00:31:28.79	06:18 /km

## F55-59

### Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL		SWIM		T1	BIKE		T2	RUN		Penalty	
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk		Time
1	CATIA APARECIDA VIEIRA .	336	F	59	01:55:59.49	1	00:15:45.95	02:06 /HM	00:04:34.76	1	00:53:44.54	22,33 km/h	00:03:51.03	2	00:38:03.21	07:36 /km
2	LUCIENE JANNUZZI AGUIAR DE PAULA .	339	F	55	02:01:35.89	2	00:18:39.02	02:29 /HM	00:04:16.15	2	01:00:21.71	19,88 km/h	00:04:20.14	1	00:33:58.87	06:48 /km
3	CLAUDIA SUELI MARTINS DE FARIA .	337	F	57	02:29:40.68	3	00:24:30.49	03:16 /HM	00:05:26.57	3	01:07:07.01	17,88 km/h	00:05:03.01	3	00:47:33.60	09:30 /km

# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

## Ranking

### M60-64

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	RUY BARBOSA JUNIOR .	397	M	64	01:41:58.66	1	00:16:03.23	02:08 /HM	00:03:25.15	1	00:51:01.75	23,52 km/h	00:03:19.00	1	00:28:09.53	05:37 /km

### M65-89

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	DELZIO SALGADO BICALHO .	395	M	65	01:36:52.36	4	00:16:12.64	02:09 /HM	00:02:50.44	1	00:47:34.71	25,22 km/h	00:02:10.29	1	00:28:04.28	05:36 /km
2	JOSÉ LUIZ TRIGAES MARTINS .	396	M	65	01:42:22.64	3	00:15:25.31	02:03 /HM	00:03:08.71	3	00:49:34.50	24,21 km/h	00:02:32.36	3	00:31:41.76	06:20 /km
3	EDUARDO LOUREIRO CALHAU .	392	M	71	01:43:56.30	5	00:16:25.46	02:11 /HM	00:03:57.51	4	00:51:05.57	23,49 km/h	00:04:22.26	2	00:28:05.50	05:37 /km
4	MARIO SERGIO PEDERSOLI GOMES .	394	M	67	01:47:32.32	1	00:12:13.77	01:37 /HM	00:04:00.27	2	00:48:29.45	24,75 km/h	00:03:37.07	5	00:39:11.76	07:50 /km
5	SERGIO TRISTÃO .	393	M	68	01:53:26.42	2	00:12:53.75	01:43 /HM	00:04:09.86	5	00:54:15.04	22,12 km/h	00:05:28.91	4	00:36:38.86	07:19 /km

### M14-24

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	JOÃO PEDRO DE OLIVEIRA MATOS .	548	M	14	01:20:17.52	1	00:11:57.32	01:35 /HM	00:02:34.31	2	00:39:46.42	30,17 km/h	00:02:31.50	2	00:23:27.97	04:41 /km
2	LORENZO ERLER TREGNAGO .	546	M	19	01:28:05.81	4	00:13:21.83	01:46 /HM	00:01:52.58	3	00:45:47.86	26,20 km/h	00:01:52.14	3	00:25:11.40	05:02 /km
3	RODRIGO SAMORINI .	338	M	16	01:28:09.05	3	00:13:21.08	01:46 /HM	00:01:55.46	1	00:39:19.83	30,51 km/h	00:02:45.29	6	00:30:47.39	06:09 /km
4	MARCOS VINICIUS BARCELLOS DA SILVA .	549	M	14	01:28:56.10	5	00:13:49.68	01:50 /HM	00:04:07.58	6	00:49:01.85	24,47 km/h	00:02:09.14	1	00:19:47.85	03:57 /km
5	LUCAS DE FRANCA BONIFACIO RODRIGUES .	538	M	24	01:36:05.96	6	00:15:38.84	02:05 /HM	00:03:52.76	5	00:48:07.19	24,94 km/h	00:02:39.37	4	00:25:47.80	05:09 /km

### F14-24

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	LUANA WERNERSBACH SALUME .	386	F	20	01:40:02.86	1	00:13:49.28	01:50 /HM	00:03:22.04	1	00:47:35.13	25,22 km/h	00:02:57.53	1	00:32:18.88	06:27 /km



# CAPIXABA DE FERRO TRIATHLON 2024 (08/04/2024)

Ranking

F60-64

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	

No Results

F65-89

Triathlon | SPRINT

#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	

No Results