



STANDARD

Geral e Categorias

17/03/24
VITÓRIA/ES

Col.	Nome	Nro	Equipe	UF	Final	Natação	T1	Ciclismo	T2	Corrida
PARATLETA MASCULINO										
1	MARCOS VINICIUS BARCELLOS DA SILVA	256	REAL CAFE RESERVA	ES	02:17:59.66	00:44:29.94	00:00:00.00	01:20:22.23	00:00:00.00	01:05:04.59
GERAL MASCULINO										
1	ALTINO MACHADO D OLIVEIRA NETO	142	SANTI TREINOS	MG	02:12:26.97	00:26:01.86	00:02:58.84	01:04:27.10	00:01:09.26	00:37:49.91
2	FELIPE ANNUNCIATO	87	TOUCA PRETA		02:13:22.30	00:21:59.55	00:01:42.16	01:07:27.92	00:00:59.92	00:41:12.75
3	RAPHAEL AMBROZINI	100	LUCAS PINHEIRO COACH	ES	02:13:30.10	00:27:35.89	00:01:57.06	01:07:14.33	00:00:52.98	00:35:49.84
4	PEDRO LEAL DE GOUVEIA	57	CTE-UFMGLEALTRI	MG	02:14:00.36	00:22:08.58	00:01:51.44	01:07:12.11	00:00:57.35	00:41:50.88
5	CHRISTIANO ABREU BARBOSA	236	SANTIAGO ASCENCO		02:14:17.54	00:25:46.21	00:02:24.33	01:05:11.81	00:01:39.82	00:39:15.37
6	MAICON ROMANO	111	TEAM NOGUEZ	RO	02:14:54.41	00:24:05.58	00:02:13.94	01:07:03.98	00:01:15.03	00:40:15.88
7	FILIPE DE AMARAL TEIXEIRA	75	ACQUA FITNESS	RJ	02:16:43.00	00:24:04.39	00:02:29.07	01:09:08.81	00:01:38.95	00:39:21.78
8	GERARD ALEX FERREIRA DE SÁ	538	TEO ESPORTES	MG	02:17:51.34	00:27:35.40	00:02:56.67	01:06:18.93	00:01:06.85	00:39:53.49
9	LEONARDO RODRIGUES DA SILVA	186	L3 TRIATHLON TEAM	ES	02:18:35.21	00:21:56.39	00:01:49.93	01:10:12.48	00:01:09.30	00:43:27.11
10	MATHEUS AUGUSTO SILVA GONZAGA	113	TEO ESPORTES	MG	02:21:17.96	00:27:26.56	00:04:00.12	01:07:14.69	00:01:35.53	00:41:01.06
11	WILLYAN RIBEIRO SIEPIERSKI	128	EVOCLUB	ES	02:21:25.67	00:27:12.28	00:03:07.04	01:08:57.42	00:01:25.78	00:40:43.15
12	VICTOR ALESSANDRO NOLASCO CAJUEIRO	78	GUDO SPORTS	RJ	02:21:47.16	00:27:08.89	00:02:29.44	01:09:44.24	00:01:44.59	00:40:40.00
13	CONSTANTEEN HELAL NETO	188	.	ES	02:21:53.87	00:25:46.53	00:02:25.12	01:05:14.13	00:01:28.69	00:46:59.40
14	BRUNO GERALDO BARBOSA	122	TEO ESPORTES	MG	02:22:54.01	00:31:02.46	00:02:42.99	01:10:11.33	00:01:12.65	00:37:44.58
15	VICTOR PINTO ALBUQUERQUE DE OLIVEIRA	156	EVOCLUB	ES	02:23:26.57	00:27:01.40	00:02:18.60	01:07:26.51	00:01:09.54	00:45:30.52
16	EDUARDO AMORIM DE MOURA	103	TRIATHLON VICOSA	MG	02:24:01.95	00:26:03.93	00:02:34.97	01:10:42.38	00:01:10.21	00:43:30.46
17	GESSELIAN MADEIRA DE OLIVEIRA	136	IV TRAINING	RJ	02:25:16.52	00:30:44.71	00:03:02.07	01:07:51.57	00:01:09.56	00:42:28.61
18	MARCIO LUIZ ZAGANELLI FILHO	70	APEX	ES	02:26:45.25	00:25:50.13	00:03:22.51	01:10:09.00	00:01:27.58	00:45:56.03
19	FLAVIO QUINTANILHA DE GOUVEIA	198	JUBARTE	RJ	02:27:14.55	00:27:28.25	00:02:20.67	01:09:29.79	00:02:05.47	00:45:50.37
20	ANDRÉ VALADARES	175	SANTI TREINOS		02:28:20.53	01:39:59.35	00:03:48.88	00:00:00.00	00:02:08.09	00:44:32.30
21	PEDRO HENRIQUE FAGUNDES COUTO	105	TEO ESPORTES	MG	02:29:44.23	00:29:06.56	00:03:12.93	01:09:28.90	00:01:33.44	00:46:22.40
22	ANGELO ALTINO MACHADO FILHO	244	TT	MG	02:31:01.48	00:32:17.71	00:03:46.40	01:09:23.89	00:02:05.91	00:43:27.57
23	RENAN RIBEIRO GUZZO	165	L3 TEAM	ES	02:31:27.21	00:26:57.13	00:03:27.83	01:13:50.26	00:01:27.15	00:45:44.84
24	JAIRO LEITE DA FONSECA	162	L3 TRIATHLON TEAM	ES	02:31:40.18	00:31:08.61	00:02:54.13	01:09:56.07	00:01:37.81	00:46:03.56
25	VINICIUS CASSIMIRO	153	TEO ESPORTES		02:31:40.44	00:29:59.35	00:03:27.01	01:10:27.47	00:02:31.25	00:45:15.36
26	FELIPE GRILLO BORGES	109	L3 TRIATHLON TEAM	ES	02:31:54.73	00:30:03.40	00:02:35.47	01:09:04.00	00:01:48.24	00:48:23.62
27	BRUNO BONACCORSI FERNANDINO	220	MINAS TENIS CLUBE	MG	02:32:01.35	00:28:45.70	00:03:03.61	01:12:23.37	00:02:12.88	00:45:35.79



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28	EDUARDO SHIGUERO SAKAGUTI	248	EVO CLUB	ES	02:32:30.90	00:27:07.29	00:02:40.87	01:10:18.33	00:01:37.73	00:50:46.68
29	ALEXANDRE ALAOR GOMES	235	SOUTRI	MG	02:33:01.66	00:30:47.86	00:03:14.95	01:15:30.46	00:01:35.00	00:41:53.39
30	MARCOS THADEU FERREIRA GAMA	168	GUDO SPORTS	RJ	02:34:25.72	00:32:00.94	00:02:54.73	01:10:26.10	00:02:38.42	00:46:25.53
31	FELIPPE DAVID MELLO FONTANA	179	L3TRIATHLONTEAM	ES	02:34:33.06	00:25:35.35	00:02:47.79	01:05:06.77	00:01:15.77	00:59:47.38
32	GUSTAVO CABRAL	79	TEO ESPORTES	MG	02:34:36.07	00:00:00.00	00:00:00.00	00:00:00.00	00:02:35.47	00:50:00.76
33	LUIZ OTAVIO ARAUJO FERREIRA SANTOS	76	.	MG	02:35:09.75	00:32:19.17	00:04:15.68	01:15:34.45	00:02:02.09	00:40:58.36
34	TIAGO DA SILVA NEVES	125	CBMMG	MG	02:35:34.13	00:35:28.60	00:02:45.23	01:10:51.34	00:01:15.84	00:45:13.12
35	ANGELO J M ALBUQUERQUE	217	MAXIMIZE	ES	02:35:41.22	00:30:21.62	00:03:00.39	01:13:57.05	00:02:21.14	00:46:01.02
36	THALES PADRAO	117	EVO	ES	02:35:53.23	00:32:13.85	00:02:59.00	01:10:36.43	00:02:13.27	00:47:50.68
37	LUCAS LIMA DE CARVALHO FERREIRA	59	SOUTRI	MG	02:35:55.99	00:31:49.39	00:04:15.02	01:12:51.92	00:02:22.44	00:44:37.22
38	BRUNO LEONARDO SILVA PEREIRA	191	EQUIPE ROMULO SANTOS	RJ	02:36:34.53	00:32:07.32	00:03:23.88	01:10:23.41	00:01:47.61	00:48:52.31
39	FREDERICO FERREIRA	86	EVO CLUB	ES	02:36:35.69	00:26:50.51	00:03:29.70	01:15:13.17	00:02:10.42	00:48:51.89
40	RAFAEL MARQUES ESTEVES DE SOUZA	145	.	ES	02:37:09.22	00:30:29.60	00:02:58.89	01:11:19.34	00:02:24.24	00:49:57.15
41	ANDERSON ANTONIO MEDEIROS	64	.		02:37:19.63	00:30:55.70	00:03:12.65	01:09:49.23	00:01:53.78	00:51:28.27
42	FABIANO CUNHA BURNS	195	SANTITREINOS		02:37:34.89	00:00:00.00	00:00:00.00	00:00:00.00	00:01:24.81	00:44:00.34
43	LEONARDO CONDE	222	TRIATHLON VICOSA	MG	02:37:36.52	00:29:51.62	00:03:17.90	01:12:47.28	00:01:53.01	00:49:46.71
44	CARLOS MOREIRA	98	TEO ESPORTES	MG	02:39:01.43	00:39:40.52	00:05:15.25	01:01:46.19	00:02:48.12	00:49:31.35
45	HYGOR MELO RIBEIRO	130	MAXIMIZE	ES	02:39:22.09	00:29:57.14	00:03:01.90	01:13:05.99	00:01:32.52	00:51:44.54
46	ANDRE CARON ZANEZI	81	.	ES	02:39:26.76	00:29:47.08	00:02:46.46	01:11:41.21	00:01:45.12	00:53:26.89
47	JEHOVAH GUIMARAES TAVARES	139	EVOCLUB	ES	02:39:55.45	00:36:00.75	00:03:20.35	01:17:28.78	00:01:36.99	00:41:28.58
48	GABRIEL VASCONCELOS	163	SOUTRI	MG	02:40:08.45	00:30:14.36	00:02:29.96	01:14:34.03	00:01:19.48	00:51:30.62
49	ARTHUR COSTA FABRIS	67	EVO	ES	02:40:23.35	00:26:32.01	00:03:48.96	01:15:27.72	00:01:38.48	00:52:56.18
50	MURILO SOARES DE ANDRADE LARA	141	.	ES	02:40:54.50	00:31:34.66	00:04:28.42	01:13:59.47	00:03:06.19	00:47:45.76
51	MARCOS ANTONIO LABATI JUNIOR	63	.	MG	02:41:07.79	00:32:50.44	00:03:31.56	01:12:45.11	00:02:07.01	00:49:53.67
52	RAFAEL RAMOS BERNARDO	174	EVOCLUB	ES	02:41:12.42	00:28:30.82	00:03:36.26	01:10:07.72	00:02:26.58	00:56:31.04
53	GUSTAVO DA SILVA FERNANDES	225	SOUTRI		02:41:33.13	00:37:18.39	00:05:13.76	00:00:00.00	00:00:00.00	00:00:00.00
54	MARCELO NUNES DE NORONHA	182	SOUTRI	MG	02:41:53.64	00:33:09.63	00:04:19.53	01:17:18.52	00:01:38.58	00:45:27.38
55	ROBERTO POTON MARTINS	138	GUIDO SPORTS	RJ	02:42:09.47	00:36:24.47	00:03:40.92	01:12:41.60	00:02:08.31	00:47:14.17
56	FERNANDO PISSAIA	124	L3	ES	02:42:34.19	00:32:15.13	00:02:59.97	01:14:56.92	00:01:54.87	00:50:27.30
57	GABRIEL ABREU	149	.		02:43:14.98	00:31:43.02	00:03:45.20	01:14:35.83	00:02:00.15	00:51:10.78
58	ENIO BORGES JR	232	MAXIMIZE	ES	02:43:27.21	00:32:38.50	00:04:02.75	01:17:47.75	00:01:50.70	00:47:07.51
59	THIAGO DANTAS FREIRE	524	SPADOTTO	ES	02:44:17.02	00:35:01.43	00:03:13.21	01:17:42.65	00:01:18.71	00:47:01.02
60	LEONARDO CAMPOS MUNIZ	205	LYNCE ELETROMUNIZ	MG	02:44:54.01	00:37:46.30	00:02:48.92	01:19:07.21	00:02:23.84	00:42:47.74
61	RAFAEL MORAES NOLASCO	166	TRIATLO GUACUI-ES	ES	02:45:14.67	00:32:07.72	00:03:09.60	01:14:38.95	00:02:47.35	00:52:31.05



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62	DIOGO MORAES NOLASCO	133	TRIATLON GUACUI	RJ	02:45:17.15	00:29:37.00	00:03:09.43	01:13:15.12	00:02:17.66	00:56:57.94
63	ADRISSOM CUSTODIO PERIS	230	LIMIAR	ES	02:45:21.72	00:32:12.92	00:02:43.12	01:17:22.25	00:01:53.62	00:51:09.81
64	SAULO SANTOS VIEIRA	101	EVO CLUB	ES	02:45:25.40	00:32:29.07	00:03:15.97	01:14:20.80	00:02:03.69	00:53:15.87
65	BRUNO TOMOJI ALVES KATO	126	SUPERA	RJ	02:46:11.97	00:30:57.68	00:03:12.47	01:11:37.53	00:03:32.98	00:56:51.31
66	ALEXANDRE CORSINI PAGANI	197	.	ES	02:46:14.47	00:29:27.51	00:04:30.79	01:11:49.15	00:02:59.63	00:57:27.39
67	MAURICIO ALVES MONJARDIM	239	ACC	ES	02:46:26.53	00:30:51.88	00:05:27.39	01:09:09.96	00:02:42.96	00:58:14.34
68	RODRIGO DA SILVA BIE DE SOUZA	93	VEM NADAR	RJ	02:47:16.85	00:35:28.92	00:03:51.17	01:22:50.09	00:02:51.69	00:42:14.98
69	BRENO SOUZA SALGADO	135	ROCKSPORT	ES	02:47:34.99	00:33:33.38	00:02:55.10	01:22:19.33	00:02:11.56	00:46:35.62
70	MARCELO DE AZEVEDO FERNANDES	213	TRIGMAR	RJ	02:47:50.88	00:32:21.42	00:03:25.97	01:14:27.48	00:02:13.02	00:55:22.99
71	VITOR ARAUJO LEAO	82	TEO ESPORTES	MG	02:48:15.11	00:31:15.29	00:03:53.83	01:21:38.24	00:02:43.33	00:48:44.42
72	RAPHAEL SANTIAGO	164	EQUIPE SUPERA	RJ	02:49:54.96	00:34:41.92	00:03:31.57	01:16:33.53	00:02:19.21	00:52:48.73
73	EDSON RIGUEIRA FERNANDES	160	TRIATLON VICOSA	MG	02:50:13.29	00:32:55.46	00:04:08.41	01:16:43.60	00:02:02.66	00:54:23.16
74	GUSTAVO SILVA DE AQUINO	104	SOUTRI		02:50:17.18	00:37:20.95	00:04:05.78	01:15:09.64	00:03:08.30	00:50:32.51
75	ABIDO SAADI CERUTTI	243	TEAM DACK	ES	02:51:23.08	00:32:26.42	00:04:29.25	01:17:37.78	00:02:43.97	00:54:05.66
76	ANGELO DAHER BALARINI	184	EVOCLUB	ES	02:51:28.54	00:32:28.84	00:04:09.36	01:15:36.73	00:02:07.25	00:57:06.36
77	CARLOS ANDRE COSTA PAES	83	MSMA	RJ	02:52:09.96	00:32:27.96	00:04:01.61	01:14:43.16	00:02:00.29	00:58:56.94
78	THIAGO VIEIRA DE MELLO	88	MAXIMIZE	ES	02:52:14.32	00:34:10.35	00:02:49.03	01:19:38.00	00:01:24.63	00:54:12.31
79	LUCAS PEREIRA ANTUNES DE SOUZA NACIF	92	VITORIA STRONG STRONGTRI	ES	02:52:25.82	00:35:55.85	00:04:03.44	01:21:34.58	00:01:53.94	00:48:58.01
80	WILLIAN ALVES PRATES	84	REALCAFE		02:52:41.02	00:33:49.15	00:03:28.00	01:17:56.72	00:01:27.23	00:55:59.92
81	VINICIUS FULANETE CORREA	190	AMESPORTES	MG	02:52:47.19	00:30:57.91	00:03:37.00	01:13:37.43	00:03:50.69	01:00:44.16
82	JOSINEY FERREIRA DE OLIVEIRA	56	BV RUNTRI		02:52:48.71	00:42:52.84	00:04:16.13	01:16:41.80	00:01:52.80	00:47:05.14
83	HOFFMAN XAVIER GOUVEIA MONTEIRO	131	SUPERA	DF	02:52:55.60	00:32:01.25	00:04:06.73	01:18:53.80	00:01:31.32	00:56:22.50
84	RODRIGO CALEZANI DALGOBBO	199	TOUCA PRETA		02:53:03.79	00:31:12.96	00:02:55.39	01:16:52.45	00:02:07.85	00:59:55.14
85	IGOR DAMASCENO	218	ITT AVANTE	MG	02:53:29.77	00:36:41.31	00:03:44.74	01:15:00.61	00:02:14.17	00:55:48.94
86	BRUNO MOREIRA	169	CLUBE ENDORFINA	MG	02:53:43.67	00:33:50.06	00:03:54.67	01:16:49.32	00:03:06.31	00:56:03.31
87	FRANCISCO CARLOS DE CARVALHO JUNIOR	203	PEAKS BRASIL	ES	02:54:21.17	00:33:22.00	00:05:21.80	01:20:54.29	00:02:01.82	00:52:41.26
88	LEO DE CASTRO	240	EVO CLUB	ES	02:54:56.74	00:32:18.63	00:04:08.42	01:24:02.51	00:02:41.97	00:51:45.21
89	DAVID JOSÉ LINS RODRIGUES	155	CL ASSESSORIA	ES	02:55:39.52	00:35:42.33	00:04:21.90	01:23:27.21	00:02:50.66	00:49:17.42
90	MATEUS RABELO	212	MINAS TENIS CLUBE	MG	02:56:00.35	00:31:05.56	00:05:35.65	01:18:52.48	00:03:13.70	00:57:12.96
91	JOSE ROBERTO CERQUEIRA	251	SANTITREINOS	ES	02:56:16.60	00:32:11.27	00:03:34.79	01:24:12.51	00:01:45.33	00:54:32.70
92	JOSÉ ROBERTO BICHARA DA GLÓRIA SILVA	194	SUPERA	RJ	02:56:35.82	00:33:55.52	00:04:16.73	01:17:48.78	00:02:24.99	00:58:09.80
93	FLAVIO ANDRADE DE OLIVEIRA	181	L3 TRIATHLON TEAM	ES	02:56:56.37	00:29:49.90	00:03:25.00	01:17:07.62	00:02:12.23	01:04:21.62
94	HERBERT MARCHESI	367	L3 TRIATHLON TEAM		02:56:56.38	00:30:59.58	00:03:05.18	01:16:19.61	00:01:49.25	01:04:42.76
95	ENDER JAVIER PÉREZ COBO	143	SUPERA	RJ	02:57:05.92	00:43:40.80	00:04:26.74	01:13:37.93	00:02:31.24	00:52:49.21



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96	EDUARDO SESANA	53	.	ES	02:58:04.72	00:28:04.15	00:03:37.94	01:17:37.04	00:03:04.33	01:05:41.26
97	RAFAEL CARVALHO DE MORAIS	152	VIKINGS	ES	02:59:29.67	00:33:54.50	00:05:38.68	01:26:42.99	00:03:04.26	00:50:09.24
98	LEONARDO DE ASSIS PIMENTA RODRIGUES	60	L3 TEAM	ES	03:00:06.50	00:28:16.15	00:02:42.57	01:27:29.12	00:02:03.13	00:59:35.53
99	RAFAEL BRUNO DE ALMEIDA	146	.	MG	03:00:22.32	00:34:15.89	00:05:58.29	01:25:05.31	00:03:42.93	00:51:19.90
100	ENZO SANTOS RIBERIO	50	SOUTRI	MG	03:00:32.39	00:35:10.45	00:04:02.11	01:14:33.06	00:03:24.68	01:03:22.09
101	GABRIEL FERREIRA QUEIROZ	132	IRONMIND	MG	03:00:49.75	00:35:35.51	00:04:48.96	01:20:46.72	00:02:21.44	00:57:17.12
102	CRISTIANO TEIXEIRA ARANTES	229	FAMILIA	ES	03:01:14.00	00:32:48.75	00:04:00.43	01:26:52.44	00:01:53.63	00:55:38.75
103	GUILHERME GATTI CUZZUOL	96	RUNCLUB	ES	03:01:20.47	00:30:17.71	00:03:41.99	01:23:15.84	00:02:06.95	01:01:57.98
104	LUIZ GUSTAVO SILVEIRA DINIZ MOREIRA	119	TEO ESPORTES	MG	03:01:34.20	00:37:52.14	00:04:18.65	01:27:12.19	00:03:30.81	00:48:40.41
105	ERICK COLARES	196	TEO ESPORTES	MG	03:01:57.25	00:37:18.84	00:05:05.28	01:26:26.80	00:02:39.50	00:50:26.83
106	MICHEL CAMPOS RIBEIRO	192	AM	MG	03:02:03.32	00:35:23.40	00:05:44.96	01:22:25.27	00:03:13.15	00:55:16.54
107	HUGO GOEKING	201	ALCICISPORTS	BA	03:02:16.14	00:31:09.37	00:03:32.76	01:15:05.95	00:02:14.76	01:10:13.30
108	JOÃO CARLOS CORSINO PEREIRA DE SOUZA	159	PIRANHAS		03:02:21.64	00:34:30.03	00:03:48.41	01:25:40.91	00:02:29.48	00:55:52.81
109	ROGERIO CAMPAGNARO	237	.	ES	03:02:39.76	00:33:58.77	00:05:46.52	01:26:33.24	00:01:52.69	00:54:28.54
110	JOSE ANTONIO SOARES AKERMAN	246	AM ESPORTES	MG	03:02:41.65	00:32:34.40	00:04:00.71	01:20:46.34	00:03:11.82	01:02:08.38
111	JONAS RENATO LUGON JUNIOR	245	ADAPT	ES	03:02:54.78	00:40:10.33	00:04:46.81	01:17:23.32	00:05:18.14	00:55:16.18
112	DIEGO BOTTECCHIA FERREIRA DA FONSECA	118	.	ES	03:03:29.40	00:40:31.76	00:04:41.36	01:25:40.83	00:02:10.34	00:50:25.11
113	ERNESTO SANTOS ROSALEM	55	VITORIA STRONG	ES	03:03:31.45	00:30:39.47	00:03:58.42	01:26:17.96	00:02:28.38	01:00:07.22
114	CARLOS VINICIUS DE ARIMATEA	177	.	ES	03:03:34.43	00:43:34.07	00:04:34.25	01:18:49.15	00:02:22.31	00:54:14.65
115	FABRICIO VINCO SECCHIN	102	.	ES	03:04:12.30	00:32:08.09	00:03:02.73	01:23:18.46	00:01:50.80	01:03:52.22
116	BRUNO AZALIM BATISTA BARBOSA MENDES	110	TEO ESPORTES	MG	03:04:15.73	00:36:10.44	00:05:04.61	01:28:39.92	00:03:00.10	00:51:20.66
117	LUCAS GABRIEL PACHECO	62	RL TRIATHLON	ES	03:04:33.00	00:36:48.99	00:02:51.39	01:26:26.87	00:02:03.93	00:56:21.82
118	RONALD E Q BALTAZAR	219	TRIATHLON VICOSA	MG	03:05:15.11	00:34:19.40	00:05:17.99	01:22:19.12	00:03:22.45	00:59:56.15
119	RICARDO TEIXEIRA DA CUNHA	254	SOUTRI	MG	03:05:33.14	00:36:31.72	00:05:35.31	01:21:25.54	00:03:56.81	00:58:03.76
120	FERNANDO ALVES GUIMARAES	123	MAXIMIZE	MG	03:05:56.80	00:40:32.50	00:04:20.54	01:25:35.33	00:02:09.11	00:53:19.32
121	FERNANDO ANTONIO VITORIA JUNIOR	242	TEO ESPORTES	MG	03:06:53.39	00:36:22.33	00:05:42.59	01:21:32.66	00:03:57.16	00:59:18.65
122	ERIC GARIGLIO NAHUM	65	BV RUNTRI		03:07:10.48	00:35:15.48	00:04:21.66	01:27:23.19	00:02:46.40	00:57:23.75
123	LUCIANO RIBEIRO NAVARRO	173	SOUTRI		03:07:13.76	00:37:11.35	00:03:49.29	01:19:58.71	00:02:41.04	01:03:33.37
124	ALBERICO JOSE BINICA	247	.	ES	03:07:29.57	00:38:00.78	00:04:48.86	01:24:48.88	00:03:04.74	00:56:46.31
125	ARTHUR BAZONI DA FONSECA	107	ROMULO SANTOS	RJ	03:07:32.34	00:47:52.55	00:04:23.13	01:22:52.58	00:03:20.30	00:49:03.78
126	VINICIUS RAMOS FERREIRA	547	L3		03:08:13.65	00:40:08.91	00:03:53.18	01:17:49.67	00:02:34.05	01:03:47.84
127	LYN SON ANJOS SILVA	187	EVO CLUB	ES	03:08:32.11	00:35:50.92	00:02:36.59	01:16:53.02	00:03:28.60	01:09:42.98
128	CLOUER MARINHO	249	ITT AVANTE	MG	03:09:22.90	00:32:32.07	00:03:27.34	01:24:59.75	00:01:54.99	01:06:28.75
129	FERNANDO MARTINS	52	BV RUNTRI		03:10:36.29	00:34:22.83	00:04:51.54	01:26:19.37	00:02:13.29	01:02:49.26



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130	VICENZO QUIROZ	137	EVOCLUB	ES	03:11:20.10	00:28:38.41	00:03:30.76	01:19:27.51	00:02:41.62	01:17:01.80
131	MARCO AURELIO PERES	106	BV RUNTRI		03:13:41.75	00:32:33.19	00:06:45.84	01:31:04.35	00:04:39.64	00:58:38.73
132	FERNANDO FARIA	193	.	MG	03:14:21.10	00:38:02.89	00:04:06.35	01:29:42.18	00:02:39.55	00:59:50.13
133	CARLOS FREDERICO CONTE BELA	226	CLUBE ENDORFINA	MG	03:14:26.74	00:33:20.55	00:07:06.52	01:28:19.24	00:04:15.16	01:01:25.27
134	LEONARDO FONTOURA CORREA	115	NUTRI LARISSA ZANOL TEAM	ES	03:14:33.57	00:37:12.28	00:04:34.22	01:26:29.86	00:03:33.05	01:02:44.16
135	BRUNO RIGAMONTI GOMES	80	.	ES	03:14:39.45	00:45:43.32	00:03:16.91	01:22:02.23	00:02:33.90	01:01:03.09
136	CRISTOVÃO JOSÉ DE OLIVEIRA SILVA	355	SOUTRI		03:15:09.09	00:36:07.37	00:04:05.04	01:33:04.00	00:01:39.99	01:00:12.69
137	ARTUR CAMARDELLI	183	BV RUNTRI		03:16:10.87	00:29:09.44	00:06:51.81	01:26:59.07	00:04:46.35	01:08:24.20
138	EMILIO BARRETO CRAVESAN	202	.	ES	03:16:11.31	00:41:08.78	00:03:22.54	01:30:30.69	00:02:49.04	00:58:20.26
139	VLADIMIR DE ALMEIDA	541	ULTRA SPORTS		03:16:20.85	00:37:25.65	00:06:33.22	01:25:23.18	00:04:44.11	01:02:14.69
140	FELIPE VERGETTI	51	SOUTRI	MG	03:17:39.00	00:31:42.71	00:05:35.00	01:34:44.49	00:01:57.53	01:03:39.27
141	JORDAN BERTOLO SANDRE	150	.	ES	03:17:39.87	00:40:05.21	00:07:23.87	01:19:07.53	00:06:52.14	01:04:11.12
142	RODRIGO RIBEIRO DE ARAUJO	444	L3		03:17:59.40	00:31:34.09	00:03:59.46	01:24:26.30	00:02:34.79	01:15:24.76
143	VINICIUS SILVA SOALHEIRO XAVIER	121	.	MG	03:18:18.76	00:42:53.80	00:05:20.34	01:22:18.96	00:03:16.99	01:04:28.67
144	RODRIGO MONTEIRO LIMA	99	MINAS TENIS CLUBE	MG	03:18:29.81	00:27:46.35	00:04:47.54	01:34:04.43	00:02:46.94	01:09:04.55
145	GUSTAVO PEREIRA SILVA	211	SOU TRI	MG	03:18:34.83	00:31:33.56	00:05:40.81	01:31:35.90	00:03:54.31	01:05:50.25
146	ISMAEL FELIX	58	IF	ES	03:19:39.62	00:33:47.11	00:03:44.66	01:35:33.67	00:01:41.02	01:04:53.16
147	RUY BARBOSA JUNIOR	253	TOUCA PRETA	ES	03:21:44.85	00:36:09.79	00:04:19.29	01:43:36.11	00:02:27.39	00:55:12.27
148	WINDER LUIZ FERREIRA JUNIOR	209	CBMMG	MG	03:22:05.19	00:37:50.91	00:04:15.58	01:25:31.01	00:02:32.59	01:11:55.10
149	LUIZ FELIPE INNECCO GARCIA	238	MINAS TENIS CLUBE	MG	03:22:43.31	00:33:11.61	00:04:15.20	01:17:27.20	00:05:54.17	01:21:55.13
150	ROSNEY ROHR WETLER	214	TEAM DACK	ES	03:22:43.63	00:35:42.89	00:03:20.32	01:28:37.02	00:02:05.65	01:12:57.75
151	SAMARONE N MARTINS	129	TOUCA PRETA TRIATHLON	ES	03:22:54.63	00:37:05.87	00:04:05.61	01:26:50.41	00:02:43.58	01:12:09.16
152	USIEL CARNEIRO DE SOUZA	252	.	ES	03:24:11.34	00:33:15.71	00:06:33.00	01:32:22.75	00:02:39.64	01:09:20.24
153	HILARIO FAVARATO NETO	116	EVOCLUB	ES	03:25:37.86	00:42:28.09	00:05:10.90	01:29:44.49	00:02:56.90	01:05:17.48
154	MARCOS WELLINGTON SALES DE ALMEIDA	250	MS MARCOS ALMEIDA	RJ	03:25:47.10	00:33:42.85	00:03:56.61	01:30:43.28	00:02:59.08	01:14:25.28
155	ROMULO JOSÉ MARTINS JÚNIOR	54	BV RUNTRI		03:28:24.87	00:39:47.75	00:07:18.56	01:29:42.58	00:04:20.93	01:07:15.05
156	VINICIUS DE OLIVEIRA SOARES	176	RUA	MG	03:30:17.03	00:45:21.16	00:04:50.83	01:25:52.82	00:05:11.87	01:09:00.35
157	ELIMARIO VENTURIN RAMOS	227	ROMULO SANTOS	ES	03:30:24.99	00:39:10.73	00:09:07.17	01:32:47.83	00:04:40.25	01:04:39.01
158	THIAGO COSTA TAVARES	154	L3 TRIATHLON TEAM		03:30:30.22	00:36:26.29	00:04:45.27	01:25:30.17	00:04:13.87	01:19:34.62
159	MIGUEL HENRIQUE CALIXTO	234	AM ESPORTES	MG	03:31:02.53	00:41:59.24	00:06:29.97	01:32:24.31	00:03:34.74	01:06:34.27
160	WILLY MURI THOMPSON	215	LIMIAR	ES	03:31:17.41	00:34:37.63	00:04:35.78	01:29:43.87	00:02:57.98	01:19:22.15
161	ALEXANDRE MAGNO PINHO GIL FERREIRA	204	SUPERA	RJ	03:31:29.37	00:32:30.76	00:05:12.83	01:30:59.05	00:04:46.83	01:17:59.90
162	JEFFERSON EDUARDO FERREIRA DA SILVA	189	PENSI CASULO	RJ	03:33:00.30	00:42:06.96	00:05:42.73	01:22:32.10	00:05:05.00	01:17:33.51
163	RAFAEL MILAGRES BERNARDES MACEDO	91	TEO ESPORTES	MG	03:33:11.41	00:39:20.04	00:07:39.75	01:32:45.69	00:03:43.52	01:09:42.41



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164	GUSTAVO MIGUEZ COSTA	114	ENERGY UP	ES	03:35:08.33	00:34:35.67	00:06:41.13	01:43:11.42	00:03:31.52	01:07:08.59
165	FELIPE AUGUSTO GOMES	120	.	MG	03:36:17.10	00:40:28.33	00:04:50.62	01:36:07.09	00:02:29.74	01:12:21.32
166	GUSTAVO WERMELINGER PIMENTA	158	FOX ASSESSORIA ESPORTIVA	RJ	03:37:26.22	00:41:00.90	00:05:24.71	01:25:20.09	00:03:57.13	01:21:43.39
167	ARTHUR SILVA DA ROS	74	.	ES	03:37:36.20	00:44:00.13	00:05:41.60	01:36:41.01	00:04:03.76	01:07:09.70
168	NELIO SANTOS DIAS MAZARAK	221	ROCKSPORT	MG	03:37:49.20	00:33:05.22	00:05:11.24	01:32:14.87	00:03:01.19	01:24:16.68
169	PEDRO PAULO SALCIDES GONCALVES	66	EQUIPE ATIVA DE CORRIDA	ES	03:43:54.03	00:45:15.12	00:07:47.95	01:49:17.80	00:01:45.96	00:59:47.20
170	JOAO HADAD	68	EVO		03:52:10.09	00:37:59.35	00:03:10.93	02:06:04.26	00:02:17.73	01:02:37.82
171	JOAO LUIS CORREA PEREIRA RANGEL	48	.		04:02:11.10	00:43:25.99	00:08:18.02	01:44:29.98	00:04:12.94	01:21:44.17
172	REINALDO CAMPOS DAMIANO	255	CE3	RJ	04:02:29.75	00:38:51.70	00:05:20.55	01:42:28.17	00:05:04.62	01:30:44.71
173	NILCIO FLAVIO DO REAL CARDOSO	140	TEO ESPORTES	MG	04:18:50.32	00:32:41.21	00:06:15.58	01:35:05.50	00:11:09.80	01:53:38.23
174	BRUNO VASCONCELOS SANTIAGO	161	.		04:36:29.35	00:49:42.12	00:04:40.34	01:57:52.62	00:02:25.73	01:41:48.54

GERAL FEMININO

1	ISABELA CHEN	29	TOUCA PRETA	ES	02:31:20.56	00:28:56.07	00:02:20.41	01:15:42.14	00:01:16.84	00:43:05.10
2	ADELAIDE CAETANO SIEIRO NEVES	12	TEO ESPORTES	MG	02:33:15.22	00:32:18.52	00:03:12.95	01:12:57.37	00:02:09.96	00:42:36.42
3	STELLA APARECIDA FURLAN DE OLIVEIRA	519	SANTITREINOS		02:35:51.25	00:33:49.41	00:03:25.38	01:07:32.69	00:01:57.91	00:49:05.86
4	JULIA MARIA GURGEL TIRADENTES	15	ITT AVANTE	MG	02:38:22.73	00:33:46.28	00:03:07.36	01:15:22.94	00:01:15.46	00:44:50.69
5	CAMILA SILVA SANDOVAL BABO	9	TEO ESPORTES	MG	02:39:18.50	00:30:33.95	00:04:20.08	01:17:32.67	00:01:58.00	00:44:53.80
6	MONIQUE MARIA LIMA CABRAL	46	MAXIMIZE	ES	02:47:54.16	00:28:48.09	00:02:43.62	01:20:43.46	00:01:53.97	00:53:45.02
7	BRUNA MILAGRES PIRES LOPES LINS	23	TEO	MG	02:50:27.24	00:34:23.58	00:04:18.91	01:20:01.34	00:03:47.59	00:47:55.82
8	LUIZA VALLE SEMMER	2	SUPERA	RJ	02:51:44.97	00:34:29.42	00:03:40.05	01:21:46.90	00:03:21.91	00:48:26.69
9	VICTORIA DE BARROS CASTRO	1	EVO CLUB	ES	02:53:23.81	00:29:09.23	00:03:15.76	01:24:42.30	00:02:52.84	00:53:23.68
10	LEILA MARIA DE AZEREDO SANTANA	42	LOBO ASSESSORIA	ES	02:58:55.84	00:35:29.12	00:04:51.69	01:25:49.46	00:03:21.57	00:49:24.00
11	ANA CAROLINA ALMEIDA ARAUJO	10	TEO ESPORTES	MG	02:59:30.36	00:34:38.14	00:03:53.36	01:29:52.60	00:02:47.53	00:48:18.73
12	MARCELA DE ANDRADE FONSECA	41	TEO ESPORTES		03:00:31.99	00:38:50.55	00:04:40.62	01:22:45.74	00:04:54.11	00:49:20.97
13	VIVIANE WIGAND GODINHO SADER	27	.	ES	03:04:12.49	00:36:31.07	00:03:06.73	01:30:01.23	00:01:30.45	00:53:03.01
14	BARBARA MONTEIRO SOFIA	36	JUBARTETRI	RJ	03:04:52.03	00:34:21.76	00:03:55.05	01:31:38.55	00:01:56.35	00:53:00.32
15	ELIZA SALOMAO AMADOR	26	.	ES	03:05:11.02	00:37:35.11	00:06:10.98	01:22:21.19	00:02:38.15	00:56:25.59
16	VANESSA DE ALCANTARA SALES	11	TEO ESPORTES	MG	03:09:28.74	00:32:51.17	00:04:55.36	01:28:51.09	00:03:14.81	00:59:36.31
17	LETICIA WERNECK MIRAGLIA	40	TEO MINAS TENIS CLUBE	MG	03:12:02.23	00:32:25.13	00:06:48.01	01:33:33.63	00:03:33.52	00:55:41.94
18	LAIS SARMENTO GAMA KOPPE	17	PEAKS	ES	03:12:08.93	00:36:37.01	00:03:17.05	01:35:29.99	00:01:36.05	00:55:08.83
19	FLAVIA GONFERR	28	SOUTRI	MG	03:13:17.31	00:40:54.57	00:05:51.38	01:26:55.38	00:03:22.37	00:56:13.61
20	MARINA DE FREITAS MAGALHÃES	6	MINAS TENIS	MG	03:14:19.62	00:35:52.24	00:08:58.83	01:38:55.23	00:04:18.87	00:46:14.45
21	MAYRA REIS ARAUJO GOMES	37	AM ESPORTES	MG	03:15:15.36	00:40:59.38	00:04:19.05	01:32:16.69	00:01:58.06	00:55:42.18



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22	NATHALIA AFONSO BATISTA	3	SUPERA	RJ	03:17:18.17	00:33:10.97	00:04:52.94	01:26:29.02	00:03:42.83	01:09:02.41
23	NAYARA MAGESTE	7	EVOCLUB	ES	03:19:02.37	00:36:07.11	00:04:49.66	01:32:01.13	00:02:37.01	01:03:27.46
24	CAMILLA CARDOSO DA SILVA	4	.	MG	03:19:23.12	00:40:20.00	00:03:39.42	01:35:55.46	00:02:18.74	00:57:09.50
25	RENATA TOMICH PINHEIRO	5	TEO ESPORTES		03:20:23.27	00:36:50.55	00:04:01.69	01:38:31.60	00:02:16.63	00:58:42.80
26	JULIANA MARIA DA FONSECA FACANHA	20	UM2TAIS	RJ	03:21:02.45	00:36:28.54	00:04:25.41	01:33:24.30	00:02:10.60	01:04:33.60
27	KAREN MARIA FRIZZERA SANTOS	47	SUPERA	RJ	03:23:20.71	00:38:00.16	00:05:40.80	01:36:27.77	00:05:20.42	00:57:51.56
28	MELISSA CALDEIRA BRANT SLIMA	19	SOU TRI	MG	03:24:20.44	00:33:12.68	00:04:47.54	01:35:28.69	00:02:48.23	01:08:03.30
29	JULIA LARISSA PARMAGNAI SILVINO	16	L3	ES	03:28:09.08	00:41:21.68	00:03:41.10	01:38:32.72	00:02:00.29	01:02:33.29
30	RACHEL ROCHA	520	SUPERA		03:28:10.29	00:40:22.76	00:04:54.15	01:32:14.58	00:03:11.70	01:07:27.10
31	FERNANDA CATALAN DUARTE TEODORO	13	ENDORFINA	MG	03:28:46.18	00:36:20.64	00:06:34.84	01:36:11.62	00:05:16.59	01:04:22.49
32	JULIANA FELIX FROEDE	8	SUPERA	RJ	03:29:57.78	00:42:32.15	00:06:08.70	01:35:50.06	00:03:21.98	01:02:04.89
33	RENATA GOMES ROCHA XAVIER	35	ENDORFINA	MG	03:30:04.58	00:42:49.96	00:06:51.77	01:33:30.68	00:04:41.10	01:02:11.07
34	BRUNELA VIEIRA DE VINCENZI	39	EVO	ES	03:31:36.41	00:42:46.90	00:04:28.02	01:30:12.59	00:02:28.96	01:11:39.94
35	ELISANGÉLA DA SILVA CORRÊA DIAS	33	SUPERA		03:33:59.35	00:43:33.41	00:04:32.63	01:42:44.51	00:04:19.97	00:58:48.83
36	RENATA PAIXAO MADUREIRA	21	ENDORFINA	MG	03:34:28.91	00:36:50.09	00:08:46.05	01:36:14.47	00:06:03.00	01:06:35.30
37	ANGELICA LAMPE FIGUEIRA	43	L3 TRIATHLON TEAM	ES	03:36:17.29	00:35:51.60	00:07:03.73	01:41:05.85	00:03:26.19	01:08:49.92
38	LUDIANI GONTIJO ABREU	14	SOUTRI	MG	03:46:23.45	00:41:40.75	00:03:24.84	01:50:34.67	00:03:24.11	01:07:19.08
39	CAMILA DIAS SIQUEIRA GUEDES	32	SUPERA	RJ	03:51:02.82	00:49:00.63	00:05:17.74	01:43:12.73	00:04:06.10	01:09:25.62
40	LUCIENE JANNUZZI AGUIAR DE PAULA	45	.	ES	03:54:24.05	00:41:47.56	00:06:30.53	01:44:39.77	00:04:18.36	01:17:07.83

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1	GABRIEL ABREU	149	.		02:43:14.98	00:31:43.02	00:03:45.20	01:14:35.83	00:02:00.15	00:51:10.78
2	EDUARDO SESANA	53	.	ES	02:58:04.72	00:28:04.15	00:03:37.94	01:17:37.04	00:03:04.33	01:05:41.26
3	ENZO SANTOS RIBERIO	50	SOUTRI	MG	03:00:32.39	00:35:10.45	00:04:02.11	01:14:33.06	00:03:24.68	01:03:22.09
4	FELIPE VERGETTI	51	SOUTRI	MG	03:17:39.00	00:31:42.71	00:05:35.00	01:34:44.49	00:01:57.53	01:03:39.27
5	JOAO LUIS CORREA PEREIRA RANGEL	48	.		04:02:11.10	00:43:25.99	00:08:18.02	01:44:29.98	00:04:12.94	01:21:44.17

F 18/24

1	VICTORIA DE BARROS CASTRO	1	EVO CLUB	ES	02:53:23.81	00:29:09.23	00:03:15.76	01:24:42.30	00:02:52.84	00:53:23.68
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M 25/29

1	LUCAS LIMA DE CARVALHO FERREIRA	59	SOUTRI	MG	02:35:55.99	00:31:49.39	00:04:15.02	01:12:51.92	00:02:22.44	00:44:37.22
2	LEONARDO DE ASSIS PIMENTA RODRIGUES	60	L3 TEAM	ES	03:00:06.50	00:28:16.15	00:02:42.57	01:27:29.12	00:02:03.13	00:59:35.53
3	ERNESTO SANTOS ROSALEM	55	VITORIA STRONG	ES	03:03:31.45	00:30:39.47	00:03:58.42	01:26:17.96	00:02:28.38	01:00:07.22



STANDARD

Geral e Categorias

17/03/24
VITÓRIA/ES

4	ISMAEL FELIX	58	IF	ES	03:19:39.62	00:33:47.11	00:03:44.66	01:35:33.67	00:01:41.02	01:04:53.16
F 25/29										
1	LUIZA VALLE SEMMER	2	SUPERA	RJ	02:51:44.97	00:34:29.42	00:03:40.05	01:21:46.90	00:03:21.91	00:48:26.69
2	NATHALIA AFONSO BATISTA	3	SUPERA	RJ	03:17:18.17	00:33:10.97	00:04:52.94	01:26:29.02	00:03:42.83	01:09:02.41
M 30/34										
1	FILIPE DE AMARAL TEIXEIRA	75	ACQUA FITNESS	RJ	02:16:43.00	00:24:04.39	00:02:29.07	01:09:08.81	00:01:38.95	00:39:21.78
2	VICTOR ALESSANDRO NOLASCO CAJUEIRO	78	GUDO SPORTS	RJ	02:21:47.16	00:27:08.89	00:02:29.44	01:09:44.24	00:01:44.59	00:40:40.00
3	MARCIO LUIZ ZAGANELLI FILHO	70	APEX	ES	02:26:45.25	00:25:50.13	00:03:22.51	01:10:09.00	00:01:27.58	00:45:56.03
4	GUSTAVO CABRAL	79	TEO ESPORTES	MG	02:34:36.07	00:00:00.00	00:00:00.00	00:00:00.00	00:02:35.47	00:50:00.76
5	LUIZ OTAVIO ARAUJO FERREIRA SANTOS	76	.	MG	02:35:09.75	00:32:19.17	00:04:15.68	01:15:34.45	00:02:02.09	00:40:58.36
6	FREDERICO FERREIRA	86	EVO CLUB	ES	02:36:35.69	00:26:50.51	00:03:29.70	01:15:13.17	00:02:10.42	00:48:51.89
7	CARLOS MOREIRA	98	TEO ESPORTES	MG	02:39:01.43	00:39:40.52	00:05:15.25	01:01:46.19	00:02:48.12	00:49:31.35
8	ANDRE CARON ZANEZI	81	.	ES	02:39:26.76	00:29:47.08	00:02:46.46	01:11:41.21	00:01:45.12	00:53:26.89
9	ARTHUR COSTA FABRIS	67	EVO	ES	02:40:23.35	00:26:32.01	00:03:48.96	01:15:27.72	00:01:38.48	00:52:56.18
10	MARCOS ANTONIO LABATI JUNIOR	63	.	MG	02:41:07.79	00:32:50.44	00:03:31.56	01:12:45.11	00:02:07.01	00:49:53.67
11	THIAGO DANTAS FREIRE	524	SPADOTTO	ES	02:44:17.02	00:35:01.43	00:03:13.21	01:17:42.65	00:01:18.71	00:47:01.02
12	SAULO SANTOS VIEIRA	101	EVO CLUB	ES	02:45:25.40	00:32:29.07	00:03:15.97	01:14:20.80	00:02:03.69	00:53:15.87
13	RODRIGO DA SILVA BIE DE SOUZA	93	VEM NADAR	RJ	02:47:16.85	00:35:28.92	00:03:51.17	01:22:50.09	00:02:51.69	00:42:14.98
14	VITOR ARAUJO LEAO	82	TEO ESPORTES	MG	02:48:15.11	00:31:15.29	00:03:53.83	01:21:38.24	00:02:43.33	00:48:44.42
15	CARLOS ANDRE COSTA PAES	83	MSMA	RJ	02:52:09.96	00:32:27.96	00:04:01.61	01:14:43.16	00:02:00.29	00:58:56.94
16	THIAGO VIEIRA DE MELLO	88	MAXIMIZE	ES	02:52:14.32	00:34:10.35	00:02:49.03	01:19:38.00	00:01:24.63	00:54:12.31
17	LUCAS PEREIRA ANTUNES DE SOUZA NACIF	92	VITORIA STRONG STRONGTRI	ES	02:52:25.82	00:35:55.85	00:04:03.44	01:21:34.58	00:01:53.94	00:48:58.01
18	GUILHERME GATTI CUZZUOL	96	RUNCLUB	ES	03:01:20.47	00:30:17.71	00:03:41.99	01:23:15.84	00:02:06.95	01:01:57.98
19	LUCAS GABRIEL PACHECO	62	RL TRIATHLON	ES	03:04:33.00	00:36:48.99	00:02:51.39	01:26:26.87	00:02:03.93	00:56:21.82
20	ERIC GARIGLIO NAHUM	65	BV RUNTRI		03:07:10.48	00:35:15.48	00:04:21.66	01:27:23.19	00:02:46.40	00:57:23.75
21	BRUNO RIGAMONTI GOMES	80	.	ES	03:14:39.45	00:45:43.32	00:03:16.91	01:22:02.23	00:02:33.90	01:01:03.09
22	RODRIGO MONTEIRO LIMA	99	MINAS TENIS CLUBE	MG	03:18:29.81	00:27:46.35	00:04:47.54	01:34:04.43	00:02:46.94	01:09:04.55
23	RAFAEL MILAGRES BERNARDES MACEDO	91	TEO ESPORTES	MG	03:33:11.41	00:39:20.04	00:07:39.75	01:32:45.69	00:03:43.52	01:09:42.41
24	ARTHUR SILVA DA ROS	74	.	ES	03:37:36.20	00:44:00.13	00:05:41.60	01:36:41.01	00:04:03.76	01:07:09.70
25	PEDRO PAULO SALCIDES GONCALVES	66	EQUIPE ATIVA DE CORRIDA	ES	03:43:54.03	00:45:15.12	00:07:47.95	01:49:17.80	00:01:45.96	00:59:47.20
26	JOAO HADAD	68	EVO		03:52:10.09	00:37:59.35	00:03:10.93	02:06:04.26	00:02:17.73	01:02:37.82



STANDARD

Geral e Categorias

17/03/24
VITÓRIA/ES

F 30/34

1	MARINA DE FREITAS MAGALHÃES	6	MINAS TENIS	MG	03:14:19.62	00:35:52.24	00:08:58.83	01:38:55.23	00:04:18.87	00:46:14.45
2	NAYARA MAGESTE	7	EVOCLUB	ES	03:19:02.37	00:36:07.11	00:04:49.66	01:32:01.13	00:02:37.01	01:03:27.46
3	CAMILLA CARDOSO DA SILVA	4	.	MG	03:19:23.12	00:40:20.00	00:03:39.42	01:35:55.46	00:02:18.74	00:57:09.50
4	RENATA TOMICH PINHEIRO	5	TEO ESPORTES		03:20:23.27	00:36:50.55	00:04:01.69	01:38:31.60	00:02:16.63	00:58:42.80
5	JULIANA FELIX FROEDE	8	SUPERA	RJ	03:29:57.78	00:42:32.15	00:06:08.70	01:35:50.06	00:03:21.98	01:02:04.89

M 35/39

1	MAICON ROMANO	111	TEAM NOGUEZ	RO	02:14:54.41	00:24:05.58	00:02:13.94	01:07:03.98	00:01:15.03	00:40:15.88
2	GERARD ALEX FERREIRA DE SÁ	538	TEO ESPORTES	MG	02:17:51.34	00:27:35.40	00:02:56.67	01:06:18.93	00:01:06.85	00:39:53.49
3	MATHEUS AUGUSTO SILVA GONZAGA	113	TEO ESPORTES	MG	02:21:17.96	00:27:26.56	00:04:00.12	01:07:14.69	00:01:35.53	00:41:01.06
4	WILLYAN RIBEIRO SIEPIERSKI	128	EVOCLUB	ES	02:21:25.67	00:27:12.28	00:03:07.04	01:08:57.42	00:01:25.78	00:40:43.15
5	BRUNO GERALDO BARBOSA	122	TEO ESPORTES	MG	02:22:54.01	00:31:02.46	00:02:42.99	01:10:11.33	00:01:12.65	00:37:44.58
6	VICTOR PINTO ALBUQUERQUE DE OLIVEIRA	156	EVOCLUB	ES	02:23:26.57	00:27:01.40	00:02:18.60	01:07:26.51	00:01:09.54	00:45:30.52
7	EDUARDO AMORIM DE MOURA	103	TRIATHLON VICOSA	MG	02:24:01.95	00:26:03.93	00:02:34.97	01:10:42.38	00:01:10.21	00:43:30.46
8	GESSELIAN MADEIRA DE OLIVEIRA	136	IV TRAINING	RJ	02:25:16.52	00:30:44.71	00:03:02.07	01:07:51.57	00:01:09.56	00:42:28.61
9	PEDRO HENRIQUE FAGUNDES COUTO	105	TEO ESPORTES	MG	02:29:44.23	00:29:06.56	00:03:12.93	01:09:28.90	00:01:33.44	00:46:22.40
10	VINICIUS CASSIMIRO	153	TEO ESPORTES		02:31:40.44	00:29:59.35	00:03:27.01	01:10:27.47	00:02:31.25	00:45:15.36
11	FELIPE GRILLO BORGES	109	L3 TRIATHLON TEAM	ES	02:31:54.73	00:30:03.40	00:02:35.47	01:09:04.00	00:01:48.24	00:48:23.62
12	TIAGO DA SILVA NEVES	125	CBMMG	MG	02:35:34.13	00:35:28.60	00:02:45.23	01:10:51.34	00:01:15.84	00:45:13.12
13	THALES PADRAO	117	EVO	ES	02:35:53.23	00:32:13.85	00:02:59.00	01:10:36.43	00:02:13.27	00:47:50.68
14	RAFAEL MARQUES ESTEVES DE SOUZA	145	.	ES	02:37:09.22	00:30:29.60	00:02:58.89	01:11:19.34	00:02:24.24	00:49:57.15
15	HYGOR MELO RIBEIRO	130	MAXMIZE	ES	02:39:22.09	00:29:57.14	00:03:01.90	01:13:05.99	00:01:32.52	00:51:44.54
16	JEHOVAH GUIMARAES TAVARES	139	EVOCLUB	ES	02:39:55.45	00:36:00.75	00:03:20.35	01:17:28.78	00:01:36.99	00:41:28.58
17	MURILO SOARES DE ANDRADE LARA	141	.	ES	02:40:54.50	00:31:34.66	00:04:28.42	01:13:59.47	00:03:06.19	00:47:45.76
18	ROBERTO POTON MARTINS	138	GUIDO SPORTS	RJ	02:42:09.47	00:36:24.47	00:03:40.92	01:12:41.60	00:02:08.31	00:47:14.17
19	FERNANDO PISSAIA	124	L3	ES	02:42:34.19	00:32:15.13	00:02:59.97	01:14:56.92	00:01:54.87	00:50:27.30
20	DIOGO MORAES NOLASCO	133	TRIATLON GUACUI	RJ	02:45:17.15	00:29:37.00	00:03:09.43	01:13:15.12	00:02:17.66	00:56:57.94
21	BRUNO TOMOJI ALVES KATO	126	SUPERA	RJ	02:46:11.97	00:30:57.68	00:03:12.47	01:11:37.53	00:03:32.98	00:56:51.31
22	BRENO SOUZA SALGADO	135	ROCKSPORT	ES	02:47:34.99	00:33:33.38	00:02:55.10	01:22:19.33	00:02:11.56	00:46:35.62
23	GUSTAVO SILVA DE AQUINO	104	SOUTRI		02:50:17.18	00:37:20.95	00:04:05.78	01:15:09.64	00:03:08.30	00:50:32.51
24	HOFFMAN XAVIER GOUVEIA MONTEIRO	131	SUPERA	DF	02:52:55.60	00:32:01.25	00:04:06.73	01:18:53.80	00:01:31.32	00:56:22.50
25	DAVID JOSÉ LINS RODRIGUES	155	CL ASSESSORIA	ES	02:55:39.52	00:35:42.33	00:04:21.90	01:23:27.21	00:02:50.66	00:49:17.42
26	HERBERT MARCHESI	367	L3 TRIATHLON TEAM		02:56:56.38	00:30:59.58	00:03:05.18	01:16:19.61	00:01:49.25	01:04:42.76



STANDARD

Geral e Categorias

17/03/24
VITÓRIA/ES

27	ENDER JAVIER PÉREZ COBO	143	SUPERA	RJ	02:57:05.92	00:43:40.80	00:04:26.74	01:13:37.93	00:02:31.24	00:52:49.21
28	RAFAEL CARVALHO DE MORAIS	152	VIKINGS	ES	02:59:29.67	00:33:54.50	00:05:38.68	01:26:42.99	00:03:04.26	00:50:09.24
29	RAFAEL BRUNO DE ALMEIDA	146	.	MG	03:00:22.32	00:34:15.89	00:05:58.29	01:25:05.31	00:03:42.93	00:51:19.90
30	GABRIEL FERREIRA QUEIROZ	132	IRONMIND	MG	03:00:49.75	00:35:35.51	00:04:48.96	01:20:46.72	00:02:21.44	00:57:17.12
31	LUIZ GUSTAVO SILVEIRA DINIZ MOREIRA	119	TEO ESPORTES	MG	03:01:34.20	00:37:52.14	00:04:18.65	01:27:12.19	00:03:30.81	00:48:40.41
32	DIEGO BOTTECCHIA FERREIRA DA FONSECA	118	.	ES	03:03:29.40	00:40:31.76	00:04:41.36	01:25:40.83	00:02:10.34	00:50:25.11
33	FABRICIO VINCO SECCHIN	102	.	ES	03:04:12.30	00:32:08.09	00:03:02.73	01:23:18.46	00:01:50.80	01:03:52.22
34	BRUNO AZALIM BATISTA BARBOSA MENDES	110	TEO ESPORTES	MG	03:04:15.73	00:36:10.44	00:05:04.61	01:28:39.92	00:03:00.10	00:51:20.66
35	FERNANDO ALVES GUIMARAES	123	MAXIMIZE	MG	03:05:56.80	00:40:32.50	00:04:20.54	01:25:35.33	00:02:09.11	00:53:19.32
36	ARTHUR BAZONI DA FONSECA	107	ROMULO SANTOS	RJ	03:07:32.34	00:47:52.55	00:04:23.13	01:22:52.58	00:03:20.30	00:49:03.78
37	VICENZO QUIROZ	137	EVOCLUB	ES	03:11:20.10	00:28:38.41	00:03:30.76	01:19:27.51	00:02:41.62	01:17:01.80
38	LEONARDO FONTOURA CORREA	115	NUTRI LARISSA ZANOL TEAM	ES	03:14:33.57	00:37:12.28	00:04:34.22	01:26:29.86	00:03:33.05	01:02:44.16
39	ARTUR CAMARDELLI	183	BV RUNTRI		03:16:10.87	00:29:09.44	00:06:51.81	01:26:59.07	00:04:46.35	01:08:24.20
40	JORDAN BERTOLO SANDRE	150	.	ES	03:17:39.87	00:40:05.21	00:07:23.87	01:19:07.53	00:06:52.14	01:04:11.12
41	VINICIUS SILVA SOALHEIRO XAVIER	121	.	MG	03:18:18.76	00:42:53.80	00:05:20.34	01:22:18.96	00:03:16.99	01:04:28.67
42	SAMARONE N MARTINS	129	TOUCA PRETA TRIATHLON	ES	03:22:54.63	00:37:05.87	00:04:05.61	01:26:50.41	00:02:43.58	01:12:09.16
43	HILARIO FAVARATO NETO	116	EVOCLUB	ES	03:25:37.86	00:42:28.09	00:05:10.90	01:29:44.49	00:02:56.90	01:05:17.48
44	THIAGO COSTA TAVARES	154	L3 TRIATHLON TEAM		03:30:30.22	00:36:26.29	00:04:45.27	01:25:30.17	00:04:13.87	01:19:34.62
45	GUSTAVO MIGUEZ COSTA	114	ENERGY UP	ES	03:35:08.33	00:34:35.67	00:06:41.13	01:43:11.42	00:03:31.52	01:07:08.59
46	FELIPE AUGUSTO GOMES	120	.	MG	03:36:17.10	00:40:28.33	00:04:50.62	01:36:07.09	00:02:29.74	01:12:21.32
47	NILCIO FLAVIO DO REAL CARDOSO	140	TEO ESPORTES	MG	04:18:50.32	00:32:41.21	00:06:15.58	01:35:05.50	00:11:09.80	01:53:38.23

F 35/39

1	BRUNA MILAGRES PIRES LOPES LINS	23	TEO	MG	02:50:27.24	00:34:23.58	00:04:18.91	01:20:01.34	00:03:47.59	00:47:55.82
2	ANA CAROLINA ALMEIDA ARAUJO	10	TEO ESPORTES	MG	02:59:30.36	00:34:38.14	00:03:53.36	01:29:52.60	00:02:47.53	00:48:18.73
3	ELIZA SALOMAO AMADOR	26	.	ES	03:05:11.02	00:37:35.11	00:06:10.98	01:22:21.19	00:02:38.15	00:56:25.59
4	VANESSA DE ALCANTARA SALES	11	TEO ESPORTES	MG	03:09:28.74	00:32:51.17	00:04:55.36	01:28:51.09	00:03:14.81	00:59:36.31
5	LAIS SARMENTO GAMA KOPPE	17	PEAKS	ES	03:12:08.93	00:36:37.01	00:03:17.05	01:35:29.99	00:01:36.05	00:55:08.83
6	JULIANA MARIA DA FONSECA FACANHA	20	UM2TAIS	RJ	03:21:02.45	00:36:28.54	00:04:25.41	01:33:24.30	00:02:10.60	01:04:33.60
7	MELISSA CALDEIRA BRANT SLIMA	19	SOU TRI	MG	03:24:20.44	00:33:12.68	00:04:47.54	01:35:28.69	00:02:48.23	01:08:03.30
8	JULIA LARISSA PARMAGNAI SILVINO	16	L3	ES	03:28:09.08	00:41:21.68	00:03:41.10	01:38:32.72	00:02:00.29	01:02:33.29
9	FERNANDA CATALAN DUARTE TEODORO	13	ENDORFINA	MG	03:28:46.18	00:36:20.64	00:06:34.84	01:36:11.62	00:05:16.59	01:04:22.49
10	RENATA PAIXAO MADUREIRA	21	ENDORFINA	MG	03:34:28.91	00:36:50.09	00:08:46.05	01:36:14.47	00:06:03.00	01:06:35.30
11	LUDIANI GONTIJO ABREU	14	SOUTRI	MG	03:46:23.45	00:41:40.75	00:03:24.84	01:50:34.67	00:03:24.11	01:07:19.08



STANDARD

Geral e Categorias

17/03/24
VITÓRIA/ES

M 40/44

1	LEONARDO RODRIGUES DA SILVA	186	L3 TRIATHLON TEAM	ES	02:18:35.21	00:21:56.39	00:01:49.93	01:10:12.48	00:01:09.30	00:43:27.11
2	CONSTANTEEN HELAL NETO	188	.	ES	02:21:53.87	00:25:46.53	00:02:25.12	01:05:14.13	00:01:28.69	00:46:59.40
3	FLAVIO QUINTANILHA DE GOUVEIA	198	JUBARTE	RJ	02:27:14.55	00:27:28.25	00:02:20.67	01:09:29.79	00:02:05.47	00:45:50.37
4	ANDRÉ VALADARES	175	SANTI TREINOS		02:28:20.53	01:39:59.35	00:03:48.88	00:00:00.00	00:02:08.09	00:44:32.30
5	RENAN RIBEIRO GUZZO	165	L3 TEAM	ES	02:31:27.21	00:26:57.13	00:03:27.83	01:13:50.26	00:01:27.15	00:45:44.84
6	JAIRO LEITE DA FONSECA	162	L3 TRIATHLON TEAM	ES	02:31:40.18	00:31:08.61	00:02:54.13	01:09:56.07	00:01:37.81	00:46:03.56
7	MARCOS THADEU FERREIRA GAMA	168	GUDO SPORTS	RJ	02:34:25.72	00:32:00.94	00:02:54.73	01:10:26.10	00:02:38.42	00:46:25.53
8	FELIPPE DAVID MELLO FONTANA	179	L3TRIATHLONTEAM	ES	02:34:33.06	00:25:35.35	00:02:47.79	01:05:06.77	00:01:15.77	00:59:47.38
9	BRUNO LEONARDO SILVA PEREIRA	191	EQUIPE ROMULO SANTOS	RJ	02:36:34.53	00:32:07.32	00:03:23.88	01:10:23.41	00:01:47.61	00:48:52.31
10	FABIANO CUNHA BURNS	195	SANTITREINOS		02:37:34.89	00:00:00.00	00:00:00.00	00:00:00.00	00:01:24.81	00:44:00.34
11	GABRIEL VASCONCELOS	163	SOUTRI	MG	02:40:08.45	00:30:14.36	00:02:29.96	01:14:34.03	00:01:19.48	00:51:30.62
12	RAFAEL RAMOS BERNARDO	174	EVOCLUB	ES	02:41:12.42	00:28:30.82	00:03:36.26	01:10:07.72	00:02:26.58	00:56:31.04
13	GUSTAVO DA SILVA FERNANDES	225	SOUTRI		02:41:33.13	00:37:18.39	00:05:13.76	00:00:00.00	00:00:00.00	00:00:00.00
14	MARCELO NUNES DE NORONHA	182	SOUTRI	MG	02:41:53.64	00:33:09.63	00:04:19.53	01:17:18.52	00:01:38.58	00:45:27.38
15	RAFAEL MORAES NOLASCO	166	TRIATLO GUACUI-ES	ES	02:45:14.67	00:32:07.72	00:03:09.60	01:14:38.95	00:02:47.35	00:52:31.05
16	ALEXANDRE CORSINI PAGANI	197	.	ES	02:46:14.47	00:29:27.51	00:04:30.79	01:11:49.15	00:02:59.63	00:57:27.39
17	RAPHAEL SANTIAGO	164	EQUIPE SUPERA	RJ	02:49:54.96	00:34:41.92	00:03:31.57	01:16:33.53	00:02:19.21	00:52:48.73
18	EDSON RIGUEIRA FERNANDES	160	TRIATLON VICOSA	MG	02:50:13.29	00:32:55.46	00:04:08.41	01:16:43.60	00:02:02.66	00:54:23.16
19	ANGELO DAHER BALARINI	184	EVOCLUB	ES	02:51:28.54	00:32:28.84	00:04:09.36	01:15:36.73	00:02:07.25	00:57:06.36
20	WILLIAN ALVES PRATES	84	REALCAFE		02:52:41.02	00:33:49.15	00:03:28.00	01:17:56.72	00:01:27.23	00:55:59.92
21	VINICIUS FULANETE CORREA	190	AMESPORTES	MG	02:52:47.19	00:30:57.91	00:03:37.00	01:13:37.43	00:03:50.69	01:00:44.16
22	RODRIGO CALEZANI DALGOBBO	199	TOUCA PRETA		02:53:03.79	00:31:12.96	00:02:55.39	01:16:52.45	00:02:07.85	00:59:55.14
23	BRUNO MOREIRA	169	CLUBE ENDORFINA	MG	02:53:43.67	00:33:50.06	00:03:54.67	01:16:49.32	00:03:06.31	00:56:03.31
24	JOSÉ ROBERTO BICHARA DA GLÓRIA SILVA	194	SUPERA	RJ	02:56:35.82	00:33:55.52	00:04:16.73	01:17:48.78	00:02:24.99	00:58:09.80
25	FLAVIO ANDRADE DE OLIVEIRA	181	L3 TRIATHLON TEAM	ES	02:56:56.37	00:29:49.90	00:03:25.00	01:17:07.62	00:02:12.23	01:04:21.62
26	ERICK COLARES	196	TEO ESPORTES	MG	03:01:57.25	00:37:18.84	00:05:05.28	01:26:26.80	00:02:39.50	00:50:26.83
27	MICHEL CAMPOS RIBEIRO	192	AM	MG	03:02:03.32	00:35:23.40	00:05:44.96	01:22:25.27	00:03:13.15	00:55:16.54
28	JOÃO CARLOS CORSINO PEREIRA DE SOUZA	159	PIRANHAS		03:02:21.64	00:34:30.03	00:03:48.41	01:25:40.91	00:02:29.48	00:55:52.81
29	CARLOS VINICIUS DE ARIMATEA	177	.	ES	03:03:34.43	00:43:34.07	00:04:34.25	01:18:49.15	00:02:22.31	00:54:14.65
30	LUCIANO RIBEIRO NAVARRO	173	SOUTRI		03:07:13.76	00:37:11.35	00:03:49.29	01:19:58.71	00:02:41.04	01:03:33.37
31	VINICIUS RAMOS FERREIRA	547	L3		03:08:13.65	00:40:08.91	00:03:53.18	01:17:49.67	00:02:34.05	01:03:47.84
32	LYN SON ANJOS SILVA	187	EVO CLUB	ES	03:08:32.11	00:35:50.92	00:02:36.59	01:16:53.02	00:03:28.60	01:09:42.98



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Geral e Categorias

17/03/24
VITÓRIA/ES

33	FERNANDO MARTINS	52	BV RUNTRI		03:10:36.29	00:34:22.83	00:04:51.54	01:26:19.37	00:02:13.29	01:02:49.26
34	MARCO AURELIO PERES	106	BV RUNTRI		03:13:41.75	00:32:33.19	00:06:45.84	01:31:04.35	00:04:39.64	00:58:38.73
35	FERNANDO FARIA	193	.	MG	03:14:21.10	00:38:02.89	00:04:06.35	01:29:42.18	00:02:39.55	00:59:50.13
36	CRISTOVÃO JOSÉ DE OLIVEIRA SILVA	355	SOUTRI		03:15:09.09	00:36:07.37	00:04:05.04	01:33:04.00	00:01:39.99	01:00:12.69
37	ROMULO JOSÉ MARTINS JÚNIOR	54	BV RUNTRI		03:28:24.87	00:39:47.75	00:07:18.56	01:29:42.58	00:04:20.93	01:07:15.05
38	VINICIUS DE OLIVEIRA SOARES	176	RUA	MG	03:30:17.03	00:45:21.16	00:04:50.83	01:25:52.82	00:05:11.87	01:09:00.35
39	JEFFERSON EDUARDO FERREIRA DA SILVA	189	PENSI CASULO	RJ	03:33:00.30	00:42:06.96	00:05:42.73	01:22:32.10	00:05:05.00	01:17:33.51
40	GUSTAVO WERMELINGER PIMENTA	158	FOX ASSESSORIA ESPORTIVA	RJ	03:37:26.22	00:41:00.90	00:05:24.71	01:25:20.09	00:03:57.13	01:21:43.39
41	BRUNO VASCONCELOS SANTIAGO	161	.		04:36:29.35	00:49:42.12	00:04:40.34	01:57:52.62	00:02:25.73	01:41:48.54

F 40/44

1	VIVIANE WIGAND GODINHO SADER	27	.	ES	03:04:12.49	00:36:31.07	00:03:06.73	01:30:01.23	00:01:30.45	00:53:03.01
2	FLAVIA GONFERR	28	SOUTRI	MG	03:13:17.31	00:40:54.57	00:05:51.38	01:26:55.38	00:03:22.37	00:56:13.61
3	RACHEL ROCHA	520	SUPERA		03:28:10.29	00:40:22.76	00:04:54.15	01:32:14.58	00:03:11.70	01:07:27.10
4	ELISANGÉLA DA SILVA CORRÊA DIAS	33	SUPERA		03:33:59.35	00:43:33.41	00:04:32.63	01:42:44.51	00:04:19.97	00:58:48.83
5	CAMILA DIAS SIQUEIRA GUEDES	32	SUPERA	RJ	03:51:02.82	00:49:00.63	00:05:17.74	01:43:12.73	00:04:06.10	01:09:25.62

M 45/49

1	BRUNO BONACCORSI FERNANDINO	220	MINAS TENIS CLUBE	MG	02:32:01.35	00:28:45.70	00:03:03.61	01:12:23.37	00:02:12.88	00:45:35.79
2	ANGELO J M ALBUQUERQUE	217	MAXIMIZE	ES	02:35:41.22	00:30:21.62	00:03:00.39	01:13:57.05	00:02:21.14	00:46:01.02
3	ANDERSON ANTONIO MEDEIROS	64	.		02:37:19.63	00:30:55.70	00:03:12.65	01:09:49.23	00:01:53.78	00:51:28.27
4	LEONARDO CONDE	222	TRIATHLON VICOSA	MG	02:37:36.52	00:29:51.62	00:03:17.90	01:12:47.28	00:01:53.01	00:49:46.71
5	LEONARDO CAMPOS MUNIZ	205	LYNCE ELETROMUNIZ	MG	02:44:54.01	00:37:46.30	00:02:48.92	01:19:07.21	00:02:23.84	00:42:47.74
6	MARCELO DE AZEVEDO FERNANDES	213	TRIGMAR	RJ	02:47:50.88	00:32:21.42	00:03:25.97	01:14:27.48	00:02:13.02	00:55:22.99
7	JOSINEY FERREIRA DE OLIVEIRA	56	BV RUNTRI		02:52:48.71	00:42:52.84	00:04:16.13	01:16:41.80	00:01:52.80	00:47:05.14
8	IGOR DAMASCENO	218	ITT AVANTE	MG	02:53:29.77	00:36:41.31	00:03:44.74	01:15:00.61	00:02:14.17	00:55:48.94
9	FRANCISCO CARLOS DE CARVALHO JUNIOR	203	PEAKS BRASIL	ES	02:54:21.17	00:33:22.00	00:05:21.80	01:20:54.29	00:02:01.82	00:52:41.26
10	MATEUS RABELO	212	MINAS TENIS CLUBE	MG	02:56:00.35	00:31:05.56	00:05:35.65	01:18:52.48	00:03:13.70	00:57:12.96
11	HUGO GOEKING	201	ALCICISPORTS	BA	03:02:16.14	00:31:09.37	00:03:32.76	01:15:05.95	00:02:14.76	01:10:13.30
12	RONALD E Q BALTAZAR	219	TRIATHLON VICOSA	MG	03:05:15.11	00:34:19.40	00:05:17.99	01:22:19.12	00:03:22.45	00:59:56.15
13	CARLOS FREDERICO CONTE BELA	226	CLUBE ENDORFINA	MG	03:14:26.74	00:33:20.55	00:07:06.52	01:28:19.24	00:04:15.16	01:01:25.27
14	EMILIO BARRETO CRAVESAN	202	.	ES	03:16:11.31	00:41:08.78	00:03:22.54	01:30:30.69	00:02:49.04	00:58:20.26
15	GUSTAVO PEREIRA SILVA	211	SOU TRI	MG	03:18:34.83	00:31:33.56	00:05:40.81	01:31:35.90	00:03:54.31	01:05:50.25
16	WINDER LUIZ FERREIRA JUNIOR	209	CBMMG	MG	03:22:05.19	00:37:50.91	00:04:15.58	01:25:31.01	00:02:32.59	01:11:55.10



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Geral e Categorias

17/03/24
VITÓRIA/ES

17	ROSNEY ROHR WETLER	214	TEAM DACK	ES	03:22:43.63	00:35:42.89	00:03:20.32	01:28:37.02	00:02:05.65	01:12:57.75
18	ELIMARIO VENTURIN RAMOS	227	ROMULO SANTOS	ES	03:30:24.99	00:39:10.73	00:09:07.17	01:32:47.83	00:04:40.25	01:04:39.01
19	WILLY MURI THOMPSON	215	LIMIAR	ES	03:31:17.41	00:34:37.63	00:04:35.78	01:29:43.87	00:02:57.98	01:19:22.15
20	ALEXANDRE MAGNO PINHO GIL FERREIRA	204	SUPERA	RJ	03:31:29.37	00:32:30.76	00:05:12.83	01:30:59.05	00:04:46.83	01:17:59.90
21	NELIO SANTOS DIAS MAZARAK	221	ROCKSPORT	MG	03:37:49.20	00:33:05.22	00:05:11.24	01:32:14.87	00:03:01.19	01:24:16.68

F 45/49

1	LEILA MARIA DE AZEREDO SANTANA	42	LOBO ASSESSORIA	ES	02:58:55.84	00:35:29.12	00:04:51.69	01:25:49.46	00:03:21.57	00:49:24.00
2	MARCELA DE ANDRADE FONSECA	41	TEO ESPORTES		03:00:31.99	00:38:50.55	00:04:40.62	01:22:45.74	00:04:54.11	00:49:20.97
3	BARBARA MONTEIRO SOFIA	36	JUBARTETRI	RJ	03:04:52.03	00:34:21.76	00:03:55.05	01:31:38.55	00:01:56.35	00:53:00.32
4	LETICIA WERNECK MIRAGLIA	40	TEO MINAS TENIS CLUBE	MG	03:12:02.23	00:32:25.13	00:06:48.01	01:33:33.63	00:03:33.52	00:55:41.94
5	MAYRA REIS ARAUJO GOMES	37	AM ESPORTES	MG	03:15:15.36	00:40:59.38	00:04:19.05	01:32:16.69	00:01:58.06	00:55:42.18
6	RENATA GOMES ROCHA XAVIER	35	ENDORFINA	MG	03:30:04.58	00:42:49.96	00:06:51.77	01:33:30.68	00:04:41.10	01:02:11.07
7	BRUNELA VIEIRA DE VINCENZI	39	EVO	ES	03:31:36.41	00:42:46.90	00:04:28.02	01:30:12.59	00:02:28.96	01:11:39.94

M 50/54

1	ANGELO ALTINO MACHADO FILHO	244	TT	MG	02:31:01.48	00:32:17.71	00:03:46.40	01:09:23.89	00:02:05.91	00:43:27.57
2	ALEXANDRE ALAOR GOMES	235	SOUTRI	MG	02:33:01.66	00:30:47.86	00:03:14.95	01:15:30.46	00:01:35.00	00:41:53.39
3	ENIO BORGES JR	232	MAXIMIZE	ES	02:43:27.21	00:32:38.50	00:04:02.75	01:17:47.75	00:01:50.70	00:47:07.51
4	ADRISSOM CUSTODIO PERIS	230	LIMIAR	ES	02:45:21.72	00:32:12.92	00:02:43.12	01:17:22.25	00:01:53.62	00:51:09.81
5	MAURICIO ALVES MONJARDIM	239	ACC	ES	02:46:26.53	00:30:51.88	00:05:27.39	01:09:09.96	00:02:42.96	00:58:14.34
6	ABIDO SAADI CERUTTI	243	TEAM DACK	ES	02:51:23.08	00:32:26.42	00:04:29.25	01:17:37.78	00:02:43.97	00:54:05.66
7	LEO DE CASTRO	240	EVO CLUB	ES	02:54:56.74	00:32:18.63	00:04:08.42	01:24:02.51	00:02:41.97	00:51:45.21
8	CRISTIANO TEIXEIRA ARANTES	229	FAMILIA	ES	03:01:14.00	00:32:48.75	00:04:00.43	01:26:52.44	00:01:53.63	00:55:38.75
9	ROGERIO CAMPAGNARO	237	.	ES	03:02:39.76	00:33:58.77	00:05:46.52	01:26:33.24	00:01:52.69	00:54:28.54
10	JONAS RENATO LUGON JUNIOR	245	ADAPT	ES	03:02:54.78	00:40:10.33	00:04:46.81	01:17:23.32	00:05:18.14	00:55:16.18
11	FERNANDO ANTONIO VITORIA JUNIOR	242	TEO ESPORTES	MG	03:06:53.39	00:36:22.33	00:05:42.59	01:21:32.66	00:03:57.16	00:59:18.65
12	VLADIMIR DE ALMEIDA	541	ULTRA SPORTS		03:16:20.85	00:37:25.65	00:06:33.22	01:25:23.18	00:04:44.11	01:02:14.69
13	RODRIGO RIBEIRO DE ARAUJO	444	L3		03:17:59.40	00:31:34.09	00:03:59.46	01:24:26.30	00:02:34.79	01:15:24.76
14	LUIZ FELIPE INNECCO GARCIA	238	MINAS TENIS CLUBE	MG	03:22:43.31	00:33:11.61	00:04:15.20	01:17:27.20	00:05:54.17	01:21:55.13
15	MIGUEL HENRIQUE CALIXTO	234	AM ESPORTES	MG	03:31:02.53	00:41:59.24	00:06:29.97	01:32:24.31	00:03:34.74	01:06:34.27

F 50/54

1	ANGELICA LAMPE FIGUEIRA	43	L3 TRIATHLON TEAM	ES	03:36:17.29	00:35:51.60	00:07:03.73	01:41:05.85	00:03:26.19	01:08:49.92
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STANDARD

Geral e Categorias

17/03/24
VITÓRIA/ES

M 55/59

1	EDUARDO SHIGUERO SAKAGUTI	248	EVO CLUB	ES	02:32:30.90	00:27:07.29	00:02:40.87	01:10:18.33	00:01:37.73	00:50:46.68
2	JOSE ANTONIO SOARES AKERMAN	246	AM ESPORTES	MG	03:02:41.65	00:32:34.40	00:04:00.71	01:20:46.34	00:03:11.82	01:02:08.38
3	ALBERICO JOSE BINICA	247	.	ES	03:07:29.57	00:38:00.78	00:04:48.86	01:24:48.88	00:03:04.74	00:56:46.31
4	CLOUER MARINHO	249	ITT AVANTE	MG	03:09:22.90	00:32:32.07	00:03:27.34	01:24:59.75	00:01:54.99	01:06:28.75
5	MARCOS WELLINGTON SALES DE ALMEIDA	250	MS MARCOS ALMEIDA	RJ	03:25:47.10	00:33:42.85	00:03:56.61	01:30:43.28	00:02:59.08	01:14:25.28

F 55/59

1	MONIQUE MARIA LIMA CABRAL	46	MAXIMIZE	ES	02:47:54.16	00:28:48.09	00:02:43.62	01:20:43.46	00:01:53.97	00:53:45.02
2	KAREN MARIA FRIZZERA SANTOS	47	SUPERA	RJ	03:23:20.71	00:38:00.16	00:05:40.80	01:36:27.77	00:05:20.42	00:57:51.56
3	LUCIENE JANNUZZI AGUIAR DE PAULA	45	.	ES	03:54:24.05	00:41:47.56	00:06:30.53	01:44:39.77	00:04:18.36	01:17:07.83

M 60/64

1	JOSE ROBERTO CERQUEIRA	251	SANTITREINOS	ES	02:56:16.60	00:32:11.27	00:03:34.79	01:24:12.51	00:01:45.33	00:54:32.70
2	RUY BARBOSA JUNIOR	253	TOUCA PRETA	ES	03:21:44.85	00:36:09.79	00:04:19.29	01:43:36.11	00:02:27.39	00:55:12.27
3	USIEL CARNEIRO DE SOUZA	252	.	ES	03:24:11.34	00:33:15.71	00:06:33.00	01:32:22.75	00:02:39.64	01:09:20.24

M 65+

1	RICARDO TEIXEIRA DA CUNHA	254	SOUTRI	MG	03:05:33.14	00:36:31.72	00:05:35.31	01:21:25.54	00:03:56.81	00:58:03.76
2	REINALDO CAMPOS DAMIANO	255	CE3	RJ	04:02:29.75	00:38:51.70	00:05:20.55	01:42:28.17	00:05:04.62	01:30:44.71