



STANDARD DISTANCE

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Col.	Nome	Nro	Equipe	Final	Natação	T1	Ciclismo	T2	Corrida
GERAL MASCULINO									
1	BRUNO BRAND FERNANDES	54	RJ EQUIPE BRUNO BRAND	02:44:10.47	00:20:49.11	00:02:30.33	01:33:35.10	00:01:41.62	00:45:34.31
2	JEFFERSON ROBERTO TAVARES NOBRE	55	EVO CLUB	02:53:01.08	00:21:17.87	00:01:47.32	01:42:51.88	00:01:52.42	00:45:11.59
3	MATHEUS TAVARES PINTO DORNAS	113	.	02:54:18.49	00:00:00.00	00:00:00.00	00:00:00.00	00:00:00.00	00:00:00.00
4	PEDRO HENRIQUE ALVES BIANCHI	120	EVOCLUB	02:55:49.73	00:19:06.43	00:01:36.01	01:48:27.60	00:01:20.59	00:45:19.10
5	EDUARDO GRIESE SA FORTES	52	MG NAO TENHO	02:57:27.49	00:20:19.87	00:02:17.16	01:43:42.15	00:01:51.27	00:49:17.04
6	ARTHUR HENRIQUE MOREIRA DOS SANTOS	124	HF ARTHUR TEAM	02:59:01.49	00:24:25.93	00:03:55.42	00:00:00.00	00:00:00.00	00:00:00.00
7	EDISON ESTEVES	105	MG TT	03:04:10.34	00:23:32.61	00:02:31.56	01:49:05.44	00:02:10.77	00:46:49.96
8	BRUNO BONACCORSI FERNANDINO	36	MG WECAREU	03:05:17.24	00:20:32.81	00:03:40.69	01:50:47.44	00:01:57.27	00:48:19.03
9	YURI NASCIMENTO NARIYOSHI	86	ES EB ASSESSORIA ESPORTIVA	03:06:43.18	00:22:24.99	00:02:17.93	01:49:24.93	00:02:16.26	00:50:19.07
10	WILLYAN RIBEIRO SIEPIERSKI	81	ES EVOCLUB	03:07:36.73	00:21:16.78	00:02:40.90	01:54:39.76	00:01:49.75	00:47:09.54
11	SAVIO PEREIRA MAGALHAES	102	NAO	03:08:17.49	00:21:51.91	00:02:39.56	01:50:03.58	00:01:44.87	00:51:57.57
12	EMANOEL MISSAGIA SERRAO FILHO	78	ES WALTER TUCHE	03:09:03.28	00:20:26.98	00:02:44.52	01:48:45.03	00:01:43.09	00:55:23.66
13	FELIPE HENRIQUE OLIVEIRA	122	ES EVO CLUB	03:09:42.96	00:22:15.70	00:03:08.72	01:49:59.02	00:02:25.11	00:51:54.41
14	ALEXANDRE ALAOR GOMES	61	MG SOUTRI	03:11:22.97	00:23:40.74	00:03:26.68	01:55:09.13	00:02:09.12	00:46:57.30
15	LUCAS FRANKLIN BARROS	115	MG .	03:11:44.15	00:23:03.25	00:03:14.38	01:53:38.26	00:01:48.13	00:50:00.13
16	GABRIEL VASCONCELOS	68	SOUTRI	03:12:07.31	00:23:07.59	00:02:38.06	01:52:34.02	00:01:39.82	00:52:07.82
17	FABIO KACZYNSKI	47	SP .	03:12:34.46	00:29:06.66	00:03:19.43	01:48:45.08	00:02:10.15	00:49:13.14
18	TIAGO DA SILVA NEVES	82	MG CBMMG	03:12:55.95	00:27:01.72	00:02:41.91	01:50:05.90	00:01:45.73	00:51:20.69
19	RAFAEL RAMOS BERNARDO	62	ES EVOCLUB	03:13:31.57	00:20:55.59	00:03:44.50	01:54:00.36	00:02:16.55	00:52:34.57
20	RAFAEL MARQUES ESTEVES DE SOUZA	75	ES L3	03:14:41.20	00:23:20.22	00:03:12.40	01:54:41.98	00:01:54.52	00:51:32.08
21	JULIANO LIMA	44	RJ SUPERA	03:14:48.80	00:23:42.00	00:04:32.70	01:48:27.53	00:02:58.62	00:55:07.95
22	ANDRE VALADARES	60	MG DD TREINAMENTOS	03:15:08.81	00:23:06.41	00:03:00.80	01:53:27.88	00:03:12.31	00:52:21.41
23	RAFAEL CARVALHO DE OLIVEIRA	108	ES L3 TRIATHLON TEAM	03:15:11.87	00:27:56.16	00:02:23.09	01:49:23.48	00:01:49.93	00:53:39.21
24	EDUARDO SHIGUERO SAKAGUTI	26	ES EVO CLUB	03:16:00.13	00:19:49.43	00:03:15.07	01:57:11.55	00:02:18.66	00:53:25.42
25	MARCIO LUIZ ZAGANELLI FILHO	111	ES EVOCLUB	03:16:22.30	00:21:00.76	00:03:06.63	01:54:40.86	00:02:53.44	00:54:40.61
26	FABRICIO VINCO SECCHIN	96	ES L3 TRIATHLON TEAM	03:21:31.32	00:24:40.80	00:02:39.45	01:56:33.93	00:01:38.87	00:55:58.27
27	FREDERICO FERREIRA	101	ES EVO CLUB	03:22:11.40	00:20:57.66	00:03:58.75	01:57:18.15	00:02:18.09	00:57:38.75
28	VINICIUS MARTINS DE PAULA	98	SANTITREINOS	03:22:22.30	00:28:20.49	00:03:27.99	01:56:55.07	00:02:01.50	00:51:37.25



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29	EDUARDO OLIVEIRA	46	MG GELO	03:22:28.47	00:24:53.57	00:02:56.58	02:00:55.21	00:02:22.13	00:51:20.98
30	IGOR ARANTES SCHIRMER	87	ES EVOCLUB	03:23:16.59	00:24:14.88	00:02:32.37	02:01:41.85	00:01:57.37	00:52:50.12
31	MATEUS DINIZ	119	SANTI TREINOS	03:24:03.46	00:24:49.20	00:02:40.09	01:53:57.49	00:01:32.71	01:01:03.97
32	HYGOR MELO RIBEIRO	80	ES EVO	03:25:21.58	00:24:33.65	00:03:36.86	01:57:07.69	00:02:13.00	00:57:50.38
33	JOAO RODRIGO MORAES T DE AZEVEDO	65	PE MAFRASPORTS	03:25:36.22	00:25:50.68	00:03:16.43	01:54:07.42	00:03:14.08	00:59:07.61
34	LEANDRO CARVALHO PEREIRA	56	TRIATHOLON VICOSA	03:26:44.37	00:26:49.81	00:03:31.60	01:58:25.10	00:01:51.98	00:56:05.88
35	ADRISSOM CUSTODIO PERIS	33	ES LIMIAR	03:28:46.80	00:24:40.32	00:03:02.17	02:03:50.10	00:01:54.22	00:55:19.99
36	ALEXANDRE MARTINS BRAZ	32	MG LABTRI	03:29:08.08	00:31:38.51	00:03:10.48	02:03:32.49	00:01:54.12	00:48:52.48
37	CARLOS ANDRE COSTA PAES	104	RJ MSMA	03:30:45.30	00:24:49.70	00:03:39.71	02:03:48.02	00:02:07.23	00:56:20.64
38	RAPHAEL GOMES COTA MAGALHAES	107	MG TRIATHLON PONTE NOVA	03:30:46.27	00:26:51.66	00:02:40.55	01:57:51.37	00:02:30.32	01:00:52.37
39	LEANDRO COSTA LEANDRO	48	MG PAULO	03:32:53.34	00:31:31.87	00:02:55.15	01:58:04.00	00:02:19.73	00:58:02.59
40	BRENO SOUZA SALGADO	79	ES ROCKSPORT	03:34:58.88	00:24:56.09	00:03:22.27	02:08:15.62	00:02:14.09	00:56:10.81
41	FREDERICO PIEPER	39	MG TEAM BRITTO	03:37:28.13	00:25:31.14	00:02:55.72	01:58:52.45	00:03:35.61	01:06:33.21
42	LINCOLN MINARINI TAVARES	91	EVOCLUB	03:40:21.54	00:32:10.35	00:03:15.17	01:59:38.31	00:02:54.21	01:02:23.50
43	MICHEL CAMPOS RIBEIRO	45	MG .	03:41:08.84	00:24:31.29	00:06:33.49	02:06:54.91	00:04:07.06	00:59:02.09
44	CLOUER MARINHO	25	MG ITT ITABIRITO TRIATHLON	03:42:30.71	00:24:58.02	00:03:57.87	02:02:16.94	00:03:34.61	01:07:43.27
45	MAYCON DA SILVA ROSA	99	RJ GUIDO SPORTS	03:44:04.50	00:25:05.01	00:04:25.89	01:58:31.29	00:02:22.27	01:13:40.04
46	RICARDO SARTORIO RIBEIRO DE SOUZA	53	ES .	03:44:27.28	00:28:10.00	00:02:33.31	01:57:43.39	00:01:50.53	01:14:10.05
47	THIAGO COSTA TAVARES	72	BA L3 ASSESSORIA	03:44:50.23	00:26:47.45	00:06:48.70	02:00:08.95	00:04:28.89	01:06:36.24
48	SERGIO PASCINI	43	MG TRIATHLON VICOSA	03:45:34.63	00:29:27.27	00:03:09.04	02:01:11.76	00:02:38.19	01:09:08.37
49	GUSTAVO SILVA	94	MG NOVAZOO	03:46:04.33	00:31:57.73	00:03:42.10	02:03:16.52	00:05:29.03	01:01:38.95
50	MARCO AURELIO PERES DA ROCHA FILHO	50	ALESSANDRA 31 98793-2663	03:47:05.60	00:24:04.94	00:05:15.19	02:13:06.11	00:01:45.25	01:02:54.11
51	DIEGO BOTTECCHIA FERREIRA FONSECA	88	ES L3 TRIATHLON TEAM	03:47:09.05	00:32:18.89	00:04:37.86	02:08:21.29	00:02:36.77	00:59:14.24
52	NELIO SANTOS DIAS MAZARAK	35	MG ROCKSPORT	03:47:50.45	00:21:32.26	00:03:33.21	02:02:36.23	00:03:38.58	01:16:30.17
53	RICARDO ALBERTO FRAGA	30	MG SOUTRI	03:47:56.44	00:27:41.76	00:03:42.13	02:06:35.03	00:03:04.51	01:06:53.01
54	MARCELO WALTER TRISTAO	103	ES REALCAFE	03:48:46.85	00:20:09.71	00:03:12.97	02:11:54.80	00:02:04.69	01:11:24.68
55	RAFAEL RIL	57	ANA PAULA 31 985121680	03:48:50.13	00:23:43.92	00:05:44.42	02:08:56.97	00:03:35.97	01:05:48.85
56	FELIPE FINAMORE SIMONI	125	ES EVO CLUB	03:49:00.09	00:27:00.07	00:03:42.89	01:59:58.70	00:03:52.47	01:14:25.96
57	DOUGLAS BANI PEREIRA	93	RJ .	03:52:00.88	00:28:53.82	00:02:40.14	02:23:35.24	00:02:18.25	00:54:33.43
58	EDSON RIGUEIRA FERNANDES	70	TRIATLON VICOSA	03:52:18.37	00:26:54.05	00:04:03.18	02:07:45.34	00:03:01.02	01:09:34.78
59	GILBERTO BITTENCOURT LOPES JUNIOR	100	RJ GRAVIS TEAM	03:52:20.57	00:26:42.83	00:04:08.64	02:02:14.62	00:05:26.79	01:13:47.69



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60	WELLINGTON TELES DA SILVA	71	.	03:52:29.20	00:27:31.46	00:04:26.81	02:10:20.66	00:03:31.82	01:06:38.45
61	LEANDER DAVILA	58	ES SALT	03:53:49.82	00:24:59.89	00:04:18.27	02:13:42.13	00:02:43.12	01:08:06.41
62	JOSE OSWALDO DOS SANTOS NETO	73	MG AVULSO	03:55:18.12	00:27:19.73	00:04:53.54	02:21:19.10	00:04:01.75	00:57:44.00
63	ALBERICO JOSE BINICA	27	ES NAO	03:56:04.88	00:28:54.18	00:05:21.28	02:17:35.38	00:03:47.75	01:00:26.29
64	ADRIANO VIDIGAL DA CRUZ	34	MG SOUTRI	03:56:44.93	00:26:55.36	00:04:02.62	02:06:18.33	00:03:17.88	01:16:10.74
65	FLAVIO DE BINICA	90	JALLIN RABHEI	03:57:05.25	00:25:49.93	00:04:11.58	02:18:07.87	00:06:35.96	01:01:19.91
66	RAFAEL BRUNO DE ALMEIDA	74	MG SEM EQUIPE	03:57:53.43	00:29:54.81	00:05:48.58	02:12:35.39	00:05:22.77	01:04:11.88
67	WANDERSON ROMAO	63	ES NAO TENHO	03:57:54.26	00:26:39.96	00:03:14.25	02:09:08.33	00:03:11.52	01:15:40.20
68	LEONARDO DE ASSIS PIMENTA RODRIGUES	114	ES NAO	03:59:31.46	00:23:59.23	00:03:12.60	02:19:41.22	00:02:44.27	01:09:54.14
69	LEONARDO DANTAS	109	ES L3	04:03:17.81	00:21:28.56	00:03:09.62	02:19:10.04	00:04:23.55	01:15:06.04
70	RAPHAEL PINTO NUNES	83	BA ADIOS AMIGOS HOSTEL	04:03:31.36	00:22:11.28	00:04:55.41	02:15:01.76	00:04:29.67	01:16:53.24
71	LEONARDO VIEIRA MATOS	59	ES TEAM FR	04:06:48.39	00:27:26.59	00:03:31.04	02:24:20.78	00:02:58.22	01:08:31.76
72	BRAULIO MOREIRA	37	.	04:07:03.42	00:00:00.00	00:00:00.00	00:00:00.00	00:02:02.14	01:37:59.70
73	RUY BARBOSA JUNIOR	24	ES EVO	04:09:51.47	00:26:07.77	00:07:17.53	02:28:54.49	00:03:55.99	01:03:35.69
74	VINICIUS SALOMAO BARBOSA	69	OS CHEIROSOS	04:12:13.03	00:26:02.43	00:04:43.82	02:10:43.92	00:01:40.32	01:29:02.54
75	JOAO FILIPE SILVA MOYSES	66	ES MOVEBETTER	04:12:14.77	00:28:05.44	00:04:23.45	02:31:13.05	00:02:23.57	01:06:09.26
76	CRISTIANO HOOPER PASCOAL	40	ES LARA 27 99993-3527	04:15:03.80	00:28:52.20	00:03:32.76	02:27:16.32	00:02:40.37	01:12:42.15
77	TADEU HENRIQUE LIMA DESSIMONI	29	MG DTT	04:20:43.06	00:25:10.69	00:06:53.62	02:29:49.63	00:05:51.19	01:12:57.93
78	FREDERICO GUERRA	42	RJ BRUNO BRAND	04:22:11.87	00:24:56.47	00:04:17.75	02:26:32.87	00:03:18.64	01:23:06.14
79	VLADIMIR DE ALMEIDA	153	ULTRA SPORTS	04:23:30.96	00:28:51.04	00:05:27.63	02:33:54.03	00:06:28.80	01:08:49.46
80	LUIS FERNANDO GAMBONI MELLO	38	ES ODONTOCENTER	04:29:56.59	00:37:45.16	00:05:47.52	02:29:03.82	00:03:04.81	01:14:15.28
81	EDUARDO SESANA GUASTTI	118	ES .	04:30:29.71	00:22:46.07	00:03:15.35	02:42:05.90	00:05:03.78	01:17:18.61
82	LEO TCHERNIACOVSKI	28	ES ADAPT	04:31:53.62	00:25:55.71	00:07:20.52	02:34:40.19	00:06:47.86	01:17:09.34
83	LAZARO ANDRE BALDUINO	106	CFMURIAE	04:31:53.76	00:38:34.60	00:05:25.44	02:41:03.31	00:03:14.61	01:02:35.80
84	GUSTAVO CANDIDO DA SILVA	31	MG IM3 TREINAMENTO OUTDOOR	04:33:02.35	00:29:36.98	00:04:42.56	02:39:01.26	00:05:08.28	01:14:33.27
85	ISRAEL MARQUES VALENTE FILHO	89	MG VALENTE	04:36:19.33	00:37:00.75	00:07:51.59	02:27:32.92	00:05:41.81	01:18:12.26
86	ROMULO JOSE MARTINS JUNIOR	64	MG .	04:38:19.56	00:42:43.90	00:05:33.59	02:33:45.67	00:04:03.71	01:12:12.69
87	REINALDO CAMPOS DAMIANO	23	RJ CE3	04:45:46.42	00:31:06.85	00:07:35.45	02:32:18.21	00:04:30.30	01:30:15.61
88	GIAN CARLOS DA SILVA VENANCIO	51	MG SOUTRI	04:46:44.08	00:53:40.03	00:06:10.91	02:14:07.14	00:05:10.23	01:27:35.77
89	SERGIO TRISTÃO	22	ES REALCAFE RESERVA	04:57:34.41	00:22:05.62	00:07:30.99	02:47:46.24	00:06:53.48	01:33:18.08



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1	JULIA MARIA GURGEL TIRADENTES	17	ITT AVANTE	03:18:27.84	00:28:17.51	00:02:33.43	01:52:06.93	00:01:31.22	00:53:58.75
2	ALVANIS CARDOZO	13	MS RB ASSESSORIA	03:27:20.46	00:30:08.66	00:02:54.45	01:58:12.66	00:02:25.49	00:53:39.20
3	THAIRANY LEAL	18	ES MARATIMBA TRIATHLON	03:29:22.86	00:29:39.29	00:03:42.93	01:56:26.45	00:03:01.83	00:56:32.36
4	LUIZA BARTELS DE OLIVEIRA	19	MG .	03:29:37.81	00:24:59.03	00:03:02.22	02:07:25.10	00:01:44.45	00:52:27.01
5	ROSANA NICOLATO DE ALMEIDA CONDE	8	MG TRIATHLON VICOSA	03:29:51.67	00:29:54.66	00:03:17.42	01:59:43.38	00:02:29.30	00:54:26.91
6	LEILA MARIA DE AZEREDO SANTANA	5	MS LOBO ASSESSORIA	03:37:40.88	00:26:14.57	00:04:01.17	02:08:41.23	00:04:05.16	00:54:38.75
7	PATRICIA MAFFIA VALENTE	12	MG TRIATHLON VICOSA TEO ESPORTES	03:53:35.95	00:26:48.57	00:03:33.55	02:19:57.12	00:02:36.65	01:00:40.06
8	ANA CARLA FAES DUTRA	7	ES NENHUMA	03:59:38.43	00:29:00.18	00:03:30.37	02:22:12.40	00:02:28.54	01:02:26.94
9	JULIA LARISSA PARMAGNAI SILVINO	15	ES MARATIMBA TRIATLON	04:05:01.14	00:31:04.67	00:03:12.41	02:23:37.08	00:02:23.35	01:04:43.63
10	MELISSA CALDEIRA BRANT SLIMA	14	BV	04:06:24.28	00:24:55.75	00:04:01.70	02:25:59.13	00:02:46.73	01:08:40.97
11	CAROLINA ANASTACIO DE SOUZA	11	SP LUCIANA	04:10:04.93	00:32:51.22	00:06:51.21	02:25:14.19	00:04:13.14	01:00:55.17
12	BRUNELA VIEIRA DE VINCENZI	6	ES EVOCLUB	04:10:36.08	00:32:22.92	00:04:07.83	02:16:25.56	00:03:03.98	01:14:35.79
13	THAIS CAPOVILLA	9	PR NAVAS TRI	04:12:17.87	00:25:39.32	00:03:56.77	02:13:26.02	00:04:28.79	01:24:46.97
14	NATHALIA FUKUCHI	16	PR FOX	04:16:55.39	00:32:56.79	00:04:19.39	02:21:58.61	00:03:42.07	01:13:58.53
15	PAULA LAMPE FIGUEIRA	10	ES L3 TRIATHLON TEAM	04:18:01.42	00:32:28.81	00:03:09.28	02:35:45.38	00:02:09.86	01:04:28.09
16	ERIKA CHRISTINA SOUZA DA SILVA	20	AM KOHE	04:39:38.46	00:32:49.94	00:05:34.63	02:35:25.91	00:04:25.35	01:21:22.63
17	ANGELICA LAMPE FIGUEIRA	4	ES L3 TRIATHLON TEAM	05:03:01.14	00:28:52.94	00:06:50.46	02:53:28.04	00:05:39.14	01:28:10.56
18	DANIELLE OLIVEIRA TOZZI MAFRA	3	ES .	05:26:55.45	00:36:40.57	00:06:26.65	03:21:16.71	00:04:57.47	01:17:34.05
19	GABRIELA TEODORO DOS SANTOS	21	KEZIA TEODORO DOS SANTOS	07:07:12.57	01:12:00.38	00:06:31.21	04:52:38.64	00:02:29.34	00:53:33.00
20	CLAUDIA SUELI MARTINS DE FARIA	1	MG NENHUMA	07:09:43.60	01:03:56.62	00:06:35.51	03:56:34.91	00:07:49.46	01:54:47.10

M 18-24

1	MATEUS DINIZ	119	SANTI TREINOS	03:24:03.46	00:24:49.20	00:02:40.09	01:53:57.49	00:01:32.71	01:01:03.97
2	EDUARDO SESANA GUASTTI	118	ES .	04:30:29.71	00:22:46.07	00:03:15.35	02:42:05.90	00:05:03.78	01:17:18.61

F 18-24

1	GABRIELA TEODORO DOS SANTOS	21	KEZIA TEODORO DOS SANTOS	07:07:12.57	01:12:00.38	00:06:31.21	04:52:38.64	00:02:29.34	00:53:33.00
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M 25-29

1	LUCAS FRANKLIN BARROS	115	MG .	03:11:44.15	00:23:03.25	00:03:14.38	01:53:38.26	00:01:48.13	00:50:00.13
2	LEONARDO DE ASSIS PIMENTA RODRIGUES	114	ES	03:59:31.46	00:23:59.23	00:03:12.60	02:19:41.22	00:02:44.27	01:09:54.14

F 25-29

1	ERIKA CHRISTINA SOUZA DA SILVA	20	AM KOHE	04:39:38.46	00:32:49.94	00:05:34.63	02:35:25.91	00:04:25.35	01:21:22.63
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M 30-34

1	ARTHUR HENRIQUE MOREIRA DOS SANTOS	124	HF ARTHUR TEAM	02:59:01.49	00:24:25.93	00:03:55.42	00:00:00.00	00:00:00.00	00:00:00.00
2	EDISON ESTEVES	105	MG TT	03:04:10.34	00:23:32.61	00:02:31.56	01:49:05.44	00:02:10.77	00:46:49.96
3	SAVIO PEREIRA MAGALHAES	102	NAO	03:08:17.49	00:21:51.91	00:02:39.56	01:50:03.58	00:01:44.87	00:51:57.57
4	RAFAEL CARVALHO DE OLIVEIRA	108	ES L3 TRIATHLON TEAM	03:15:11.87	00:27:56.16	00:02:23.09	01:49:23.48	00:01:49.93	00:53:39.21
5	MARCIO LUIZ ZAGANELLI FILHO	111	ES EVOCLUB	03:16:22.30	00:21:00.76	00:03:06.63	01:54:40.86	00:02:53.44	00:54:40.61
6	FABRICIO VINCO SECCHIN	96	ES L3 TRIATHLON TEAM	03:21:31.32	00:24:40.80	00:02:39.45	01:56:33.93	00:01:38.87	00:55:58.27
7	FREDERICO FERREIRA	101	ES EVO CLUB	03:22:11.40	00:20:57.66	00:03:58.75	01:57:18.15	00:02:18.09	00:57:38.75
8	VINICIUS MARTINS DE PAULA	98	SANTITREINOS	03:22:22.30	00:28:20.49	00:03:27.99	01:56:55.07	00:02:01.50	00:51:37.25
9	CARLOS ANDRE COSTA PAES	104	RJ MSMA	03:30:45.30	00:24:49.70	00:03:39.71	02:03:48.02	00:02:07.23	00:56:20.64
10	RAPHAEL GOMES COTA MAGALHAES	107	MG TRIATHLON PONTE NOVA	03:30:46.27	00:26:51.66	00:02:40.55	01:57:51.37	00:02:30.32	01:00:52.37
11	LINCOLN MINARINI TAVARES	91	EVOCLUB	03:40:21.54	00:32:10.35	00:03:15.17	01:59:38.31	00:02:54.21	01:02:23.50
12	MAYCON DA SILVA ROSA	99	RJ GUIDO SPORTS	03:44:04.50	00:25:05.01	00:04:25.89	01:58:31.29	00:02:22.27	01:13:40.04
13	GUSTAVO SILVA	94	MG NOVAZOO	03:46:04.33	00:31:57.73	00:03:42.10	02:03:16.52	00:05:29.03	01:01:38.95
14	MARCELO WALTER TRISTAO	103	ES REALCAFE	03:48:46.85	00:20:09.71	00:03:12.97	02:11:54.80	00:02:04.69	01:11:24.68
15	DOUGLAS BANI PEREIRA	93	RJ .	03:52:00.88	00:28:53.82	00:02:40.14	02:23:35.24	00:02:18.25	00:54:33.43
16	GILBERTO BITTENCOURT LOPES JUNIOR	100	RJ GRAVIS TEAM	03:52:20.57	00:26:42.83	00:04:08.64	02:02:14.62	00:05:26.79	01:13:47.69
17	LEONARDO DANTAS	109	ES L3	04:03:17.81	00:21:28.56	00:03:09.62	02:19:10.04	00:04:23.55	01:15:06.04
18	LAZARO ANDRE BALDUINO	106	CFMURIAE	04:31:53.76	00:38:34.60	00:05:25.44	02:41:03.31	00:03:14.61	01:02:35.80

M 30-34

1	YURI NASCIMENTO NARIYOSHI	86	ES EB ASSESSORIA ESPORTIVA	03:06:43.18	00:22:24.99	00:02:17.93	01:49:24.93	00:02:16.26	00:50:19.07
2	WILLYAN RIBEIRO SIEPIERSKI	81	ES EVOCLUB	03:07:36.73	00:21:16.78	00:02:40.90	01:54:39.76	00:01:49.75	00:47:09.54



STANDARD DISTANCE

Praia da Bacutia - ES

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3	EMANOEL MISSAGIA SERRAO FILHO	78	ES	WALTER TUCHE	03:09:03.28	00:20:26.98	00:02:44.52	01:48:45.03	00:01:43.09	00:55:23.66
4	FELIPE HENRIQUE OLIVEIRA	122	ES	EVO CLUB	03:09:42.96	00:22:15.70	00:03:08.72	01:49:59.02	00:02:25.11	00:51:54.41
5	GABRIEL VASCONCELOS	68		SOUTRI	03:12:07.31	00:23:07.59	00:02:38.06	01:52:34.02	00:01:39.82	00:52:07.82
6	TIAGO DA SILVA NEVES	82	MG	CBMMG	03:12:55.95	00:27:01.72	00:02:41.91	01:50:05.90	00:01:45.73	00:51:20.69
7	RAFAEL MARQUES ESTEVES DE SOUZA	75	ES	L3	03:14:41.20	00:23:20.22	00:03:12.40	01:54:41.98	00:01:54.52	00:51:32.08
8	IGOR ARANTES SCHIRMER	87	ES	EVOCLUB	03:23:16.59	00:24:14.88	00:02:32.37	02:01:41.85	00:01:57.37	00:52:50.12
9	HYGOR MELO RIBEIRO	80	ES	EVO	03:25:21.58	00:24:33.65	00:03:36.86	01:57:07.69	00:02:13.00	00:57:50.38
10	JOAO RODRIGO MORAES T DE AZEVEDO	65	PE	MAFRASPORTS	03:25:36.22	00:25:50.68	00:03:16.43	01:54:07.42	00:03:14.08	00:59:07.61
11	BRENO SOUZA SALGADO	79	ES	ROCKSPORT	03:34:58.88	00:24:56.09	00:03:22.27	02:08:15.62	00:02:14.09	00:56:10.81
12	THIAGO COSTA TAVARES	72	BA	L3 ASSESSORIA	03:44:50.23	00:26:47.45	00:06:48.70	02:00:08.95	00:04:28.89	01:06:36.24
13	DIEGO BOTTECCHIA FERREIRA FONSECA	88	ES	L3 TRIATLHON TEAM	03:47:09.05	00:32:18.89	00:04:37.86	02:08:21.29	00:02:36.77	00:59:14.24
14	EDSON RIGUEIRA FERNANDES	70		TRIATLON VICOSA	03:52:18.37	00:26:54.05	00:04:03.18	02:07:45.34	00:03:01.02	01:09:34.78
15	WELLINGTON TELES DA SILVA	71		.	03:52:29.20	00:27:31.46	00:04:26.81	02:10:20.66	00:03:31.82	01:06:38.45
16	JOSE OSWALDO DOS SANTOS NETO	73	MG	AVULSO	03:55:18.12	00:27:19.73	00:04:53.54	02:21:19.10	00:04:01.75	00:57:44.00
17	FLAVIO DE BINICA	90		JALLIN RABHEI	03:57:05.25	00:25:49.93	00:04:11.58	02:18:07.87	00:06:35.96	01:01:19.91
18	RAFAEL BRUNO DE ALMEIDA	74	MG	SEM EQUIPE	03:57:53.43	00:29:54.81	00:05:48.58	02:12:35.39	00:05:22.77	01:04:11.88
19	RAPHAEL PINTO NUNES	83	BA	ADIOS AMIGOS HOSTEL	04:03:31.36	00:22:11.28	00:04:55.41	02:15:01.76	00:04:29.67	01:16:53.24
20	VINICIUS SALOMAO BARBOSA	69		OS CHEIROSOS	04:12:13.03	00:26:02.43	00:04:43.82	02:10:43.92	00:01:40.32	01:29:02.54
21	JOAO FILIPE SILVA MOYSES	66	ES	MOVEBETTER	04:12:14.77	00:28:05.44	00:04:23.45	02:31:13.05	00:02:23.57	01:06:09.26
22	ISRAEL MARQUES VALENTE FILHO	89	MG	VALENTE	04:36:19.33	00:37:00.75	00:07:51.59	02:27:32.92	00:05:41.81	01:18:12.26
23	ROMULO JOSE MARTINS JUNIOR	64	MG	.	04:38:19.56	00:42:43.90	00:05:33.59	02:33:45.67	00:04:03.71	01:12:12.69

F 30-34

1	PATRICIA MAFFIA VALENTE	12	MG	TRIATHLON VICOSA TEO ESPORTES	03:53:35.95	00:26:48.57	00:03:33.55	02:19:57.12	00:02:36.65	01:00:40.06
2	JULIA LARISSA PARMAGNAI SILVINO	15	ES	MARATIMBA TRIATLON	04:05:01.14	00:31:04.67	00:03:12.41	02:23:37.08	00:02:23.35	01:04:43.63
3	MELISSA CALDEIRA BRANT SLIMA	14		BV	04:06:24.28	00:24:55.75	00:04:01.70	02:25:59.13	00:02:46.73	01:08:40.97
4	NATHALIA FUKUCHI	16	PR	FOX	04:16:55.39	00:32:56.79	00:04:19.39	02:21:58.61	00:03:42.07	01:13:58.53

M 40-44

1	FABIO KACZYNSKI	47	SP	.	03:12:34.46	00:29:06.66	00:03:19.43	01:48:45.08	00:02:10.15	00:49:13.14
2	RAFAEL RAMOS BERNARDO	62	ES	EVOCLUB	03:13:31.57	00:20:55.59	00:03:44.50	01:54:00.36	00:02:16.55	00:52:34.57



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3	JULIANO LIMA	44	RJ SUPERA	03:14:48.80	00:23:42.00	00:04:32.70	01:48:27.53	00:02:58.62	00:55:07.95
4	ANDRE VALADARES	60	MG DD TREINAMENTOS	03:15:08.81	00:23:06.41	00:03:00.80	01:53:27.88	00:03:12.31	00:52:21.41
5	EDUARDO OLIVEIRA	46	MG GELO	03:22:28.47	00:24:53.57	00:02:56.58	02:00:55.21	00:02:22.13	00:51:20.98
6	LEANDRO CARVALHO PEREIRA	56	TRIATHOLON VICOSA	03:26:44.37	00:26:49.81	00:03:31.60	01:58:25.10	00:01:51.98	00:56:05.88
7	ALEXANDRE MARTINS BRAZ	32	MG LABTRI	03:29:08.08	00:31:38.51	00:03:10.48	02:03:32.49	00:01:54.12	00:48:52.48
8	LEANDRO COSTA LEANDRO	48	MG PAULO	03:32:53.34	00:31:31.87	00:02:55.15	01:58:04.00	00:02:19.73	00:58:02.59
9	MICHEL CAMPOS RIBEIRO	45	MG .	03:41:08.84	00:24:31.29	00:06:33.49	02:06:54.91	00:04:07.06	00:59:02.09
10	RICARDO SARTORIO RIBEIRO DE SOUZA	53	ES .	03:44:27.28	00:28:10.00	00:02:33.31	01:57:43.39	00:01:50.53	01:14:10.05
11	SERGIO PASCINI	43	MG TRIATHLON VICOSA	03:45:34.63	00:29:27.27	00:03:09.04	02:01:11.76	00:02:38.19	01:09:08.37
12	MARCO AURELIO PERES DA ROCHA FILHO	50	ALESSANDRA 31 98793-2663	03:47:05.60	00:24:04.94	00:05:15.19	02:13:06.11	00:01:45.25	01:02:54.11
13	RAFAEL RIL	57	ANA PAULA 31 985121680	03:48:50.13	00:23:43.92	00:05:44.42	02:08:56.97	00:03:35.97	01:05:48.85
14	LEANDER DAVILA	58	ES SALT	03:53:49.82	00:24:59.89	00:04:18.27	02:13:42.13	00:02:43.12	01:08:06.41
15	WANDERSON ROMAO	63	ES NAO TENHO	03:57:54.26	00:26:39.96	00:03:14.25	02:09:08.33	00:03:11.52	01:15:40.20
16	LEONARDO VIEIRA MATOS	59	ES TEAM FR	04:06:48.39	00:27:26.59	00:03:31.04	02:24:20.78	00:02:58.22	01:08:31.76
17	FREDERICO GUERRA	42	RJ BRUNO BRAND	04:22:11.87	00:24:56.47	00:04:17.75	02:26:32.87	00:03:18.64	01:23:06.14
18	GIAN CARLOS DA SILVA VENANCIO	51	MG SOUTRI	04:46:44.08	00:53:40.03	00:06:10.91	02:14:07.14	00:05:10.23	01:27:35.77

F 40-44

1	CAROLINA ANASTACIO DE SOUZA	11	SP LUCIANA	04:10:04.93	00:32:51.22	00:06:51.21	02:25:14.19	00:04:13.14	01:00:55.17
2	PAULA LAMPE FIGUEIRA	10	ES L3 TRIATHLON TEAM	04:18:01.42	00:32:28.81	00:03:09.28	02:35:45.38	00:02:09.86	01:04:28.09

M 45-49

1	BRUNO BONACCORSI FERNANDINO	36	MG WECAREU	03:05:17.24	00:20:32.81	00:03:40.69	01:50:47.44	00:01:57.27	00:48:19.03
2	ADRISSOM CUSTODIO PERIS	33	ES LIMIAR	03:28:46.80	00:24:40.32	00:03:02.17	02:03:50.10	00:01:54.22	00:55:19.99
3	FREDERICO PIEPER	39	MG TEAM BRITTO	03:37:28.13	00:25:31.14	00:02:55.72	01:58:52.45	00:03:35.61	01:06:33.21
4	NELIO SANTOS DIAS MAZARAK	35	MG ROCKSPORT	03:47:50.45	00:21:32.26	00:03:33.21	02:02:36.23	00:03:38.58	01:16:30.17
5	FELIPE FINAMORE SIMONI	125	ES EVO CLUB	03:49:00.09	00:27:00.07	00:03:42.89	01:59:58.70	00:03:52.47	01:14:25.96
6	ADRIANO VIDIGAL DA CRUZ	34	MG SOUTRI	03:56:44.93	00:26:55.36	00:04:02.62	02:06:18.33	00:03:17.88	01:16:10.74
7	BRAULIO MOREIRA	37	.	04:07:03.42	00:00:00.00	00:00:00.00	00:00:00.00	00:02:02.14	01:37:59.70
8	CRISTIANO HOOPER PASCOAL	40	ES LARA 27 99993-3527	04:15:03.80	00:28:52.20	00:03:32.76	02:27:16.32	00:02:40.37	01:12:42.15
9	VLADIMIR DE ALMEIDA	153	ULTRA SPORTS	04:23:30.96	00:28:51.04	00:05:27.63	02:33:54.03	00:06:28.80	01:08:49.46
10	LUIS FERNANDO GAMBONI MELLO	38	ES ODONTOCENTER	04:29:56.59	00:37:45.16	00:05:47.52	02:29:03.82	00:03:04.81	01:14:15.28



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F 45-49

1	LEILA MARIA DE AZEREDO SANTANA	5	MS LOBO ASSESSORIA	03:37:40.88	00:26:14.57	00:04:01.17	02:08:41.23	00:04:05.16	00:54:38.75
2	ANA CARLA FAES DUTRA	7	ES NENHUMA	03:59:38.43	00:29:00.18	00:03:30.37	02:22:12.40	00:02:28.54	01:02:26.94
3	BRUNELA VIEIRA DE VINCENZI	6	ES EVOCLUB	04:10:36.08	00:32:22.92	00:04:07.83	02:16:25.56	00:03:03.98	01:14:35.79
4	THAIS CAPOVILLA	9	PR NAVAS TRI	04:12:17.87	00:25:39.32	00:03:56.77	02:13:26.02	00:04:28.79	01:24:46.97
5	ANGELICA LAMPE FIGUEIRA	4	ES L3 TRIATHLON TEAM	05:03:01.14	00:28:52.94	00:06:50.46	02:53:28.04	00:05:39.14	01:28:10.56

M 50-54

1	ALEXANDRE ALAOR GOMES	61	MG SOUTRI	03:11:22.97	00:23:40.74	00:03:26.68	01:55:09.13	00:02:09.12	00:46:57.30
2	RICARDO ALBERTO FRAGA	30	MG SOUTRI	03:47:56.44	00:27:41.76	00:03:42.13	02:06:35.03	00:03:04.51	01:06:53.01
3	TADEU HENRIQUE LIMA DESSIMONI	29	MG DTT	04:20:43.06	00:25:10.69	00:06:53.62	02:29:49.63	00:05:51.19	01:12:57.93
4	LEO TCHERNIACOVSKI	28	ES ADAPT	04:31:53.62	00:25:55.71	00:07:20.52	02:34:40.19	00:06:47.86	01:17:09.34
5	GUSTAVO CANDIDO DA SILVA	31	MG IM3 TREINAMENTO OUTDOOR	04:33:02.35	00:29:36.98	00:04:42.56	02:39:01.26	00:05:08.28	01:14:33.27

F 50-54

1	DANIELLE OLIVEIRA TOZZI MAFRA	3	ES .	05:26:55.45	00:36:40.57	00:06:26.65	03:21:16.71	00:04:57.47	01:17:34.05
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M 55-59

1	EDUARDO SHIGUERO SAKAGUTI	26	ES EVO CLUB	03:16:00.13	00:19:49.43	00:03:15.07	01:57:11.55	00:02:18.66	00:53:25.42
2	CLOUER MARINHO	25	MG ITT ITABIRITO TRIATHLON	03:42:30.71	00:24:58.02	00:03:57.87	02:02:16.94	00:03:34.61	01:07:43.27
3	ALBERICO JOSE BINICA	27	ES NAO	03:56:04.88	00:28:54.18	00:05:21.28	02:17:35.38	00:03:47.75	01:00:26.29

F 55-59

1	CLAUDIA SUELI MARTINS DE FARIA	1	MG NENHUMA	07:09:43.60	01:03:56.62	00:06:35.51	03:56:34.91	00:07:49.46	01:54:47.10
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M 60-64

1	RUY BARBOSA JUNIOR	24	ES EVO	04:09:51.47	00:26:07.77	00:07:17.53	02:28:54.49	00:03:55.99	01:03:35.69
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M 65-69

1	REINALDO CAMPOS DAMIANO	23	RJ CE3	04:45:46.42	00:31:06.85	00:07:35.45	02:32:18.21	00:04:30.30	01:30:15.61
2	SERGIO TRISTÃO	22	ES REALCAFE RESERVA	04:57:34.41	00:22:05.62	00:07:30.99	02:47:46.24	00:06:53.48	01:33:18.08