



# FULL DISTANCE

Praia da Bacutia - ES

06/08/23

Col.	Nome	Nro	Equipe	Final	Natação	T1	Ciclismo	T2	Corrida
<b>GERAL MASCULINO</b>									
1	ALTINO MACHADO D OLIVEIRA NETO	629	SANTI TREINOS	09:08:40.22	01:00:42.93	00:04:04.07	04:47:26.06	00:02:28.98	03:13:58.18
2	ANDRE AUGUSTO ORLETTI	640	L3	09:51:39.39	01:03:00.93	00:03:48.74	05:10:42.36	00:02:33.47	03:31:33.89
3	JOAO VITOR VENANCIO	639	.	10:09:35.93	01:08:07.81	00:03:32.60	05:11:16.61	00:04:54.95	03:41:43.96
4	GUSTAVO LEITE MONTEIRO	505	WE CARE YOU MINAS TENIS CLUBE	10:21:39.94	00:56:18.93	00:02:58.16	05:31:44.24	00:03:18.19	03:47:20.42
5	ARTHUR RIGONI ZUQUI	615	CORPORE	10:29:41.01	01:03:39.93	00:05:02.97	05:31:49.70	00:03:57.06	03:45:11.35
6	JOSE ARMANDO MENDES	604	RF_TRIATHLON	10:42:15.92	01:22:09.09	00:03:59.03	05:08:16.71	00:02:28.23	04:05:22.86
7	VICTOR PINTO ALBUQUERQUE	627	.	10:44:37.09	01:02:51.93	00:02:36.94	05:20:51.35	00:02:50.83	04:15:26.04
8	DANIEL PINHEIRO CRUZ	614	MG TRIATHLON VICOSA	10:50:02.39	01:24:52.44	00:02:35.85	05:35:58.79	00:04:23.61	03:42:11.70
9	ANDRE RICARDO GARRIDO PICANCO	517	SE LV CONSULTORIA ESPORTIVA	10:57:13.86	01:10:29.82	00:06:38.38	05:46:40.40	00:07:33.51	03:45:51.75
10	THIAGO JUN YOSHIOKA	637	ESCOLA DE EDUCACAO FISICA DA PM	11:07:29.21	01:04:23.93	00:02:55.74	05:40:16.63	00:03:56.21	04:15:56.70
11	THIAGO DE ALMEIDA RIBEIRO PESTANA	620	.	11:15:41.44	00:56:18.93	00:03:25.95	05:44:41.56	00:03:39.82	04:27:35.18
12	ADRIANO NETTO DE JESUS BRANDAO	630	CARDUME GUARAPA	11:16:49.50	01:00:33.93	00:03:02.42	06:02:25.33	00:03:12.20	04:07:35.62
13	LEANDRO GONCALVES CLARINDO	622	.	12:32:57.80	00:58:39.93	00:02:46.75	07:20:26.31	00:02:45.04	04:08:19.77
14	DIOGO DECKER	636	PR DECKER TRAINING	12:34:51.91	01:24:27.82	00:06:07.43	06:46:53.34	00:04:53.24	04:12:30.08
15	LUCAS LADISLAU BIAGINI	641	BVTRI	12:37:18.71	01:04:42.93	00:04:22.23	06:09:10.40	00:04:11.93	05:14:51.22
16	EMERSON FERNANDO DA SILVA	638	BALMAM PERFORMANCE	12:41:53.83	00:59:17.93	00:05:38.14	05:56:16.68	00:06:39.24	05:34:01.84
17	MARCIO PEREIRA TRISTAO	633	ES .	13:03:00.56	01:10:39.77	00:05:29.42	06:31:08.65	00:06:00.16	05:09:42.56
18	JOSE WALDEZ GUIMARAES JUNIOR	498	RJ	13:34:31.96	01:19:34.41	00:05:45.82	07:03:11.46	00:10:20.88	04:55:39.39
19	JULIO CESAR MARCOLA MORELLI	519	.	14:00:21.93	01:52:46.11	00:06:26.81	06:38:59.65	00:05:32.98	05:16:36.38
20	REINALDO TEODORO DE SOUZA	543	PA NO LIMITE EXTREMO	14:18:35.61	01:37:23.95	00:09:06.51	07:40:28.52	00:07:37.01	04:43:59.62
21	RAFAEL ZSHABER DA SILVA	545	MG TRIBHECA	14:23:56.61	01:31:26.99	00:07:30.81	07:17:28.10	00:02:48.57	05:24:42.14
<b>GERAL FEMININO</b>									
1	DANIELA ABADE	497	ES EVO CLUB	12:35:36.69	01:12:35.25	00:02:57.87	06:25:48.00	00:04:00.43	04:50:15.14
2	ELISA RODRIGUES	496	MG .	14:23:26.70	01:28:02.89	00:06:44.84	07:35:25.57	00:05:59.55	05:07:13.85
<b>M 25-29</b>									
1	LUCAS LADISLAU BIAGINI	641	BVTRI	12:37:18.71	01:04:42.93	00:04:22.23	06:09:10.40	00:04:11.93	05:14:51.22



# FULL DISTANCE

Praia da Bacutia - ES

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## M 30-34

1	THIAGO JUN YOSHIOKA	637	ESCOLA DE EDUCACAO FISICA DA PM	11:07:29.21	01:04:23.93	00:02:55.74	05:40:16.63	00:03:56.21	04:15:56.70
2	DIOGO DECKER	636	PR DECKER TRAINING	12:34:51.91	01:24:27.82	00:06:07.43	06:46:53.34	00:04:53.24	04:12:30.08
3	EMERSON FERNANDO DA SILVA	638	BALMAM PERFORMANCE	12:41:53.83	00:59:17.93	00:05:38.14	05:56:16.68	00:06:39.24	05:34:01.84
4	MARCIO PEREIRA TRISTAO	633	ES .	13:03:00.56	01:10:39.77	00:05:29.42	06:31:08.65	00:06:00.16	05:09:42.56

## M 35-39

1	VICTOR PINTO ALBUQUERQUE	627		10:44:37.09	01:02:51.93	00:02:36.94	05:20:51.35	00:02:50.83	04:15:26.04
2	DANIEL PINHEIRO CRUZ	614	MG TRIATHLON VICOSA	10:50:02.39	01:24:52.44	00:02:35.85	05:35:58.79	00:04:23.61	03:42:11.70
3	THIAGO DE ALMEIDA RIBEIRO PESTANA	620		11:15:41.44	00:56:18.93	00:03:25.95	05:44:41.56	00:03:39.82	04:27:35.18
4	ADRIANO NETTO DE JESUS BRANDAO	630	CARDUME GUARAPA	11:16:49.50	01:00:33.93	00:03:02.42	06:02:25.33	00:03:12.20	04:07:35.62
5	LEANDRO GONCALVES CLARINDO	622	.	12:32:57.80	00:58:39.93	00:02:46.75	07:20:26.31	00:02:45.04	04:08:19.77

## M 40-44

1	JOSE ARMANDO MENDES	604	RF_TRIATHLON	10:42:15.92	01:22:09.09	00:03:59.03	05:08:16.71	00:02:28.23	04:05:22.86
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## M 45-49

1	ANDRE RICARDO GARRIDO PICANCO	517	SE LV CONSULTORIA ESPORTIVA	10:57:13.86	01:10:29.82	00:06:38.38	05:46:40.40	00:07:33.51	03:45:51.75
2	JULIO CESAR MARCOLA MORELLI	519	.	14:00:21.93	01:52:46.11	00:06:26.81	06:38:59.65	00:05:32.98	05:16:36.38
3	REINALDO TEODORO DE SOUZA	543	PA NO LIMITE EXTREMO	14:18:35.61	01:37:23.95	00:09:06.51	07:40:28.52	00:07:37.01	04:43:59.62
4	RAFAEL ZSHABER DA SILVA	545	MG TRIBHECA	14:23:56.61	01:31:26.99	00:07:30.81	07:17:28.10	00:02:48.57	05:24:42.14

## M 50-54

1	JOSE WALDEZ GUIMARAES JUNIOR	498	RJ	13:34:31.96	01:19:34.41	00:05:45.82	07:03:11.46	00:10:20.88	04:55:39.39
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