

# CAPIXABA DE FERRO 2022 (08/21/2022)

## Ranking

### # GERAL MASCULINO - FULL

### Triathlon | FULL

#	Name	Bib	M/F	Age	TOTAL	SWIM		T1	BIKE		T2	RUN		Penalty		
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		Rnk	Time
1	BRUNO PINHEIRO MANZONI .	514	M	35	08:30:24.48	3	00:35:36.56	01:28 /HM	00:03:11.18	1	04:42:55.55	38,17 km/h	00:02:01.53	1	03:06:39.66	04:25 /km
2	FELIPE DAYRELL SILVESTRE .	524	M	44	09:15:02.54	2	00:30:42.62	01:16 /HM	00:03:17.14	2	05:19:58.62	33,75 km/h	00:03:16.04	3	03:17:48.12	04:41 /km
3	THIAGO MENUCCI .	533	M	40	09:26:46.23	1	00:30:34.45	01:16 /HM	00:02:23.99	3	05:25:40.53	33,16 km/h	00:02:37.78	5	03:25:29.48	04:52 /km
4	KENNY DE SOUSA ALVES .	539	M	45	09:29:16.77	4	00:37:10.29	01:33 /HM	00:04:05.75	4	05:26:14.85	33,10 km/h	00:03:17.36	4	03:18:28.52	04:42 /km
5	ALTINO MACHADO D OLIVEIRA NETO .	511	M	36	09:41:04.89	12	00:40:31.32	01:41 /HM	00:07:05.62	6	05:33:59.39	32,34 km/h	00:04:35.61	2	03:14:52.95	04:37 /km
6	CAIO SILIPRANDI GURGEL .	521	M	41	09:50:38.45	5	00:38:44.95	01:36 /HM	00:05:41.52	5	05:27:36.87	32,97 km/h	00:03:40.19	7	03:34:54.92	05:05 /km
7	JORGE WILIAM ELNOUR JUNIOR .	527	M	40	10:01:28.90	10	00:39:30.43	01:39 /HM	00:04:21.92	8	05:44:07.51	31,38 km/h	00:02:36.83	6	03:30:52.21	05:00 /km
8	JOAO VITOR VENANCIO .	507	M	32	10:18:32.47	14	00:41:42.78	01:44 /HM	00:06:14.37	7	05:35:24.16	32,20 km/h	00:05:14.93	10	03:49:56.23	05:27 /km
9	CASSIO EDUARDO ROCHA MARTINS .	522	M	41	10:36:52.03	11	00:40:04.72	01:40 /HM	00:05:23.43	10	06:06:06.29	29,50 km/h	00:02:50.05	8	03:42:27.54	05:16 /km
10	FABIANO SOARES DOS SANTOS .	523	M	42	10:43:45.01	13	00:40:52.59	01:42 /HM	00:03:20.16	9	05:57:06.52	30,24 km/h	00:04:37.84	14	03:57:47.90	05:38 /km
11	ANDRE RICARDO GARRIDO PICANCO .	534	M	48	10:53:01.12	17	00:45:46.70	01:54 /HM	00:07:17.02	12	06:09:13.85	29,25 km/h	00:04:24.04	9	03:46:19.51	05:21 /km
12	ANDRE AUGUSTO ORLETTI .	506	M	31	11:03:14.78	9	00:39:25.26	01:38 /HM	00:06:00.89	17	06:21:20.65	28,32 km/h	00:04:24.76	11	03:52:03.22	05:30 /km
13	RICARDO JORGE S DE CARVALHO FILHO .	509	M	32	11:06:39.75	7	00:39:14.38	01:37 /HM	00:02:56.72	11	06:08:48.99	29,28 km/h	00:03:31.15	18	04:12:08.51	05:58 /km
14	IZAUL KARLOS DA SILVA SOUZA .	526	M	40	11:08:22.21	30	00:53:37.99	02:13 /HM	00:05:29.68	13	06:09:38.96	29,22 km/h	00:04:45.42	12	03:54:50.16	05:33 /km
15	BERNARDO CATALAN DE FREITAS DUARTE .	513	M	37	11:18:40.33	18	00:46:32.16	01:56 /HM	00:07:57.76	14	06:11:38.71	29,06 km/h	00:04:35.82	17	04:07:55.88	05:52 /km
16	RAFAEL JOB .	529	M	40	11:20:40.26	26	00:50:09.45	02:05 /HM	00:04:00.91	15	06:16:35.37	28,68 km/h	00:03:37.02	16	04:06:17.51	05:50 /km
17	FABIO VASCONCELOS AQUINO .	270	M	39	11:26:40.14	20	00:47:22.37	01:58 /HM	00:03:36.31	16	06:16:41.41	28,67 km/h	00:04:22.37	20	04:14:37.68	06:01 /km
18	FABIANO FERREIRA DE ARAUJO .	400	M	40	11:40:20.67	22	00:48:00.57	02:00 /HM	00:06:48.38	21	06:41:54.91	26,87 km/h	00:02:46.31	15	04:00:50.50	05:42 /km
19	RINALDO WELLERSON PEREIRA .	544	M	51	11:53:09.00	21	00:47:49.25	01:59 /HM	00:07:44.31							
20	GABRIEL FLANTZER NOVAK .	504	M	27	12:00:55.09	8	00:39:19.13	01:38 /HM	00:04:23.98	20	06:30:45.16	27,64 km/h	00:04:52.43	24	04:41:34.39	06:40 /km
21	DIEGO FELIPE MARINELLO .	515	M	38	12:04:52.74	16	00:45:05.90	01:52 /HM	00:06:47.31	19	06:27:52.61	27,84 km/h	00:07:08.57	23	04:37:58.35	06:35 /km
22	MOISES EUGENIO PEREIRA BATISTA .	508	M	30	12:16:17.00	23	00:48:06.72	02:00 /HM	00:05:18.28	28	07:20:33.19	24,51 km/h	00:06:27.12	13	03:55:51.69	05:35 /km
23	ADRIANO NETTO DE JESUS BRANDAO .	510	M	35	12:17:14.00	15	00:42:22.56	01:46 /HM	00:03:31.00	27	07:14:04.54	24,88 km/h	00:04:10.01	19	04:13:05.89	06:00 /km
24	ANTONIO JOSE BARROCO DE PAULA DAFLON .	512	M	38	12:25:41.00	35	11:04:06.14	27:40 /HM	00:00:00.00	18	06:21:46.12	28,29 km/h	00:06:59.92	27	05:04:00.28	07:12 /km
25	JULIO CESAR CUNHA MARQUES .	538	M	45	12:38:40.83	28	00:51:02.38	02:07 /HM	00:04:20.87	23	06:47:22.16	26,51 km/h	00:04:26.04	25	04:51:29.38	06:54 /km

# CAPIXABA DE FERRO 2022 (08/21/2022)

## Ranking

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
26	DANILO DA SILVA .	536	M	49	12:48:17.46	32	00:57:38.54	02:24 /HM	00:07:40.81	26	07:10:25.01	25,09 km/h	00:04:50.25	22	04:27:42.85	06:20 /km							
27	CLOUER MARINHO SILVA .	546	M	55	12:57:55.49	24	00:48:58.28	02:02 /HM	00:06:39.98	24	07:01:29.80	25,62 km/h	00:04:58.60	26	04:55:48.83	07:00 /km							
28	SERGIO BERNARDO .	531	M	40	13:08:22.49	29	00:52:16.34	02:10 /HM	00:06:08.22	30	07:35:14.34	23,72 km/h	00:08:43.74	21	04:25:59.85	06:18 /km							
29	CACO SAWCZUK .	541	M	52	13:08:24.07	6	00:38:56.66	01:37 /HM	00:06:02.68	25	07:01:32.37	25,62 km/h	00:04:21.02	28	05:17:31.34	07:31 /km							
30	VALTER SALLES BARBOSA JUNIOR .	548	M	56	13:30:42.93	33	00:58:48.74	02:27 /HM	00:06:39.86	22	06:44:19.98	26,71 km/h	00:05:42.73	32	05:35:11.62	07:56 /km							
31	HUGO VINICIUS NUNES .	518	M	36	14:12:57.42	19	00:47:05.06	01:57 /HM	00:05:54.92	31	07:49:22.09	23,01 km/h	00:05:22.88	30	05:25:12.47	07:42 /km							
32	REINALDO TEODORO DE SOUZA .	530	M	44	14:28:56.00	34	01:03:49.23	02:39 /HM	00:06:29.12	29	07:31:30.78	23,92 km/h	00:14:11.39	31	05:32:55.48	07:53 /km							
33	WILSON GOMES JUNIOR .	540	M	47	14:36:44.37	31	00:55:23.03	02:18 /HM	00:05:05.55	34	08:03:39.92	22,33 km/h	00:09:03.82	29	05:23:32.05	07:40 /km							
34	RENATO DE GOUVEA LEVY .	542	M	50	15:32:47.87	25	00:49:22.33	02:03 /HM	00:05:35.53	33	08:01:57.14	22,41 km/h	00:09:59.63	33	06:25:53.24	09:08 /km							
35	ALAN SAITER LUNA .	520	M	41	17:16:30.00	27	00:50:38.46	02:06 /HM	00:08:48.85	32	07:55:29.72	22,71 km/h	00:11:46.67	34	08:09:46.30	11:36 /km							

## # GERAL FEMININO - FULL

## Triathlon | FULL

#	Name	Bib	M/F	Age	TOTAL			SWIM			T1			BIKE			T2			RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace			
1	MARINA PEIXOTO FRAGUAS .	502	F	45	12:06:08.32	4	00:59:41.95	02:29 /HM	00:10:11.27	4	07:13:08.69	24,93 km/h	00:05:29.10	1	03:37:37.31	05:09 /km							
2	TATIANA ROCCO MELONI .	503	F	39	12:11:24.00	3	00:55:33.70	02:19 /HM	00:06:11.40	1	06:43:08.04	26,79 km/h	00:04:01.78	2	04:22:29.08	06:13 /km							
3	CAMILA MARTINS VIANA DIAS .	500	F	41	12:36:18.63	2	00:50:47.30	02:07 /HM	00:06:34.79	3	07:01:03.18	25,65 km/h	00:04:34.61	3	04:33:18.75	06:28 /km							
4	DANIELA ABADA .	501	F	47	12:50:45.68	1	00:47:09.94	01:58 /HM	00:03:23.23	2	06:52:33.14	26,18 km/h	00:04:22.55	4	05:03:16.82	07:11 /km							

# CAPIXABA DE FERRO 2022 (08/21/2022)

## Ranking

M25-29																	Triathlon   FULL
#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	
1	GABRIEL FLANTZER NOVAK .	504	M	27	12:00:55.09	1	00:39:19.13	01:38 /HM	00:04:23.98	1	06:30:45.16	27,64 km/h	00:04:52.43	1	04:41:34.39	06:40 /km	

M30-34																	Triathlon   FULL
#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	
1	JOAO VITOR VENANCIO .	507	M	32	10:18:32.47	3	00:41:42.78	01:44 /HM	00:06:14.37	1	05:35:24.16	32,20 km/h	00:05:14.93	1	03:49:56.23	05:27 /km	
2	ANDRE AUGUSTO ORLETTI .	506	M	31	11:03:14.78	2	00:39:25.26	01:38 /HM	00:06:00.89	3	06:21:20.65	28,32 km/h	00:04:24.76	2	03:52:03.22	05:30 /km	
3	RICARDO JORGE S DE CARVALHO FILHO .	509	M	32	11:06:39.75	1	00:39:14.38	01:37 /HM	00:02:56.72	2	06:08:48.99	29,28 km/h	00:03:31.15	4	04:12:08.51	05:58 /km	
4	MOISES EUGENIO PEREIRA BATISTA .	508	M	30	12:16:17.00	4	00:48:06.72	02:00 /HM	00:05:18.28	4	07:20:33.19	24,51 km/h	00:06:27.12	3	03:55:51.69	05:35 /km	

M35-39																	Triathlon   FULL
#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	
1	BERNARDO CATALAN DE FREITAS DUARTE .	513	M	37	11:18:40.33	3	00:46:32.16	01:56 /HM	00:07:57.76	1	06:11:38.71	29,06 km/h	00:04:35.82	1	04:07:55.88	05:52 /km	
2	FABIO VASCONCELOS AQUINO .	270	M	39	11:26:40.14	5	00:47:22.37	01:58 /HM	00:03:36.31	2	06:16:41.41	28,67 km/h	00:04:22.37	3	04:14:37.68	06:01 /km	
3	DIEGO FELIPE MARINELLO .	515	M	38	12:04:52.74	2	00:45:05.90	01:52 /HM	00:06:47.31	4	06:27:52.61	27,84 km/h	00:07:08.57	4	04:37:58.35	06:35 /km	
4	ADRIANO NETTO DE JESUS BRANDAO .	510	M	35	12:17:14.00	1	00:42:22.56	01:46 /HM	00:03:31.00	5	07:14:04.54	24,88 km/h	00:04:10.01	2	04:13:05.89	06:00 /km	
5	ANTONIO JOSE BARROCO DE PAULA DAFLON .	512	M	38	12:25:41.00	6	11:04:06.14	27:40 /HM	00:00:00.00	3	06:21:46.12	28,29 km/h	00:06:59.92	5	05:04:00.28	07:12 /km	
6	HUGO VINICIUS NUNES .	518	M	36	14:12:57.42	4	00:47:05.06	01:57 /HM	00:05:54.92	6	07:49:22.09	23,01 km/h	00:05:22.88	6	05:25:12.47	07:42 /km	

M40-44																	Triathlon   FULL
#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	
1	CAIO SILIPRANDI GURGEL .	521	M	41	09:50:38.45	1	00:38:44.95	01:36 /HM	00:05:41.52	1	05:27:36.87	32,97 km/h	00:03:40.19	2	03:34:54.92	05:05 /km	
2	JORGE WILIAM ELNOUR JUNIOR .	527	M	40	10:01:28.90	2	00:39:30.43	01:39 /HM	00:04:21.92	2	05:44:07.51	31,38 km/h	00:02:36.83	1	03:30:52.21	05:00 /km	
3	CASSIO EDUARDO ROCHA MARTINS .	522	M	41	10:36:52.03	3	00:40:04.72	01:40 /HM	00:05:23.43	4	06:06:06.29	29,50 km/h	00:02:50.05	3	03:42:27.54	05:16 /km	
4	FABIANO SOARES DOS SANTOS .	523	M	42	10:43:45.01	4	00:40:52.59	01:42 /HM	00:03:20.16	3	05:57:06.52	30,24 km/h	00:04:37.84	5	03:57:47.90	05:38 /km	
5	IZAUL KARLOS DA SILVA SOUZA .	526	M	40	11:08:22.21	9	00:53:37.99	02:13 /HM	00:05:29.68	5	06:09:38.96	29,22 km/h	00:04:45.42	4	03:54:50.16	05:33 /km	

# CAPIXABA DE FERRO 2022 (08/21/2022)

## Ranking

#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	
6	RAFAEL JOB .	529	M	40	11:20:40.26	6	00:50:09.45	02:05 /HM	00:04:00.91	6	06:16:35.37	28,68 km/h	00:03:37.02	7	04:06:17.51	05:50 /km	
7	FABIANO FERREIRA DE ARAUJO .	400	M	40	11:40:20.67	5	00:48:00.57	02:00 /HM	00:06:48.38	7	06:41:54.91	26,87 km/h	00:02:46.31	6	04:00:50.50	05:42 /km	
8	SERGIO BERNARDO .	531	M	40	13:08:22.49	8	00:52:16.34	02:10 /HM	00:06:08.22	9	07:35:14.34	23,72 km/h	00:08:43.74	8	04:25:59.85	06:18 /km	
9	REINALDO TEODORO DE SOUZA .	530	M	44	14:28:56.00	10	01:03:49.23	02:39 /HM	00:06:29.12	8	07:31:30.78	23,92 km/h	00:14:11.39	9	05:32:55.48	07:53 /km	
10	ALAN SAITER LUNA .	520	M	41	17:16:30.00	7	00:50:38.46	02:06 /HM	00:08:48.85	10	07:55:29.72	22,71 km/h	00:11:46.67	10	08:09:46.30	11:36 /km	

## M45-49

## Triathlon | FULL

#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	
1	ANDRE RICARDO GARRIDO PICANCO .	534	M	48	10:53:01.12	1	00:45:46.70	01:54 /HM	00:07:17.02	1	06:09:13.85	29,25 km/h	00:04:24.04	1	03:46:19.51	05:21 /km	
2	JULIO CESAR CUNHA MARQUES .	538	M	45	12:38:40.83	2	00:51:02.38	02:07 /HM	00:04:20.87	2	06:47:22.16	26,51 km/h	00:04:26.04	3	04:51:29.38	06:54 /km	
3	DANILO DA SILVA .	536	M	49	12:48:17.46	4	00:57:38.54	02:24 /HM	00:07:40.81	3	07:10:25.01	25,09 km/h	00:04:50.25	2	04:27:42.85	06:20 /km	
4	WILSON GOMES JUNIOR .	540	M	47	14:36:44.37	3	00:55:23.03	02:18 /HM	00:05:05.55	4	08:03:39.92	22,33 km/h	00:09:03.82	4	05:23:32.05	07:40 /km	

## M50-54

## Triathlon | FULL

#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	
1	RINALDO WELLERSON PEREIRA .	544	M	51	11:53:09.00	2	00:47:49.25	01:59 /HM	00:07:44.31								
2	CACO SAWCZUK .	541	M	52	13:08:24.07	1	00:38:56.66	01:37 /HM	00:06:02.68	1	07:01:32.37	25,62 km/h	00:04:21.02	1	05:17:31.34	07:31 /km	
3	RENATO DE GOUVEA LEVY .	542	M	50	15:32:47.87	3	00:49:22.33	02:03 /HM	00:05:35.53	2	08:01:57.14	22,41 km/h	00:09:59.63	2	06:25:53.24	09:08 /km	

## M55-59

## Triathlon | FULL

#	Name	Bib	M/F	Age	TOTAL	SWIM			T1	BIKE			T2	RUN			Penalty
					Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	
1	CLOUER MARINHO SILVA .	546	M	55	12:57:55.49	1	00:48:58.28	02:02 /HM	00:06:39.98	2	07:01:29.80	25,62 km/h	00:04:58.60	1	04:55:48.83	07:00 /km	
2	VALTER SALLES BARBOSA JUNIOR .	548	M	56	13:30:42.93	2	00:58:48.74	02:27 /HM	00:06:39.86	1	06:44:19.98	26,71 km/h	00:05:42.73	2	05:35:11.62	07:56 /km	